

2012 LWM SCY Masters Meet, Sanction #: 362-04

Juanita Aquatic Center, Kirkland WA

Results - Sunday, Feb 19

Women 18-24 50 Yard Freestyle

PNA: 24.90 % 4/29/1990 KAREN SERESUN

NATL: 22.96 \$ 4/18/2010 KARA DENBY

1	Minehan, Jill N	24	Ohana Swim Team	26.90
2	Shafer, Sarah	23	Lake Washington	33.25
3	Powell, Valerie I	18	Unattached	52.12

Women 18-24 100 Yard Freestyle

PNA: 53.60 % 10/1/2011 PALOMA DINKEL

NATL: 48.29 \$ 11/8/2009 DANA VOLLMER

1	Anderson, Sydney E	19	Western Washingt	1:02.74
			30.48 32.26	
2	Powell, Valerie I	18	Unattached	1:55.01
			52.09 1:02.92	

Women 18-24 200 Yard Freestyle

PNA: 1:59.42 % 4/10/2011 KRISSY FORELLI

NATL: 1:43.28 \$ 11/8/2009 DANA VOLLMER

1	Anderson, Sydney E	19	Western Washingt	2:12.83
			31.36 33.42 34.14 33.91	
2	Shafer, Sarah	23	Lake Washington	2:36.62
			36.01 39.36 40.51 40.74	

Women 18-24 500 Yard Freestyle

PNA: 5:23.20 % 4/6/1986 LISA OBRIEN

NATL: 4:49.97 \$ 10/25/2003 JESSICA FOSCHI

1	Anderson, Sydney E	19	Western Washingt	5:44.77
			32.48 34.13 34.48 34.62	
			34.90 34.80 34.88 34.97	
			34.98 34.53	
3	Shafer, Sarah	23	Lake Washington	6:52.04
			36.58 39.51 40.55 41.44	
			41.87 41.99 42.30 42.92	
			43.27 41.61	

Women 18-24 50 Yard Breaststroke

PNA: 30.88 % 10/10/2009 PALOMA DINKEL

NATL: 29.01 \$ 4/25/2010 KARA DENBY

1	Powell, Valerie I	18	Unattached	1:26.60
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Women 18-24 100 Yard Breaststroke

PNA: 1:06.05 % 10/10/2009 PALOMA DINKEL

NATL: 1:02.86 \$ 5/18/2003 RILEY MANTS

1	Dinkel, Paloma	23	Lake Washington	1:06.37
			31.58 34.79	

Women 18-24 50 Yard Butterfly

PNA: 26.77 % 4/10/2011 JILL MINEHAN

NATL: 24.54 \$ 11/8/2009 DANA VOLLMER

1	Minehan, Jill N	24	Ohana Swim Team	27.67
2	Switaj, Caitlin B	22	Bellingham Maste-14	29.78

Women 18-24 100 Yard Butterfly

PNA: 58.91 % 4/10/2011 JILL MINEHAN

NATL: 52.30 \$ 11/8/2009 DANA VOLLMER

1	Dinkel, Paloma	23	Lake Washington	58.83%
			28.28 30.55	
2	Minehan, Jill N	24	Ohana Swim Team	1:02.20
			29.63 32.57	

3	Switaj, Caitlin B	22	Bellingham Maste-14	1:06.95
			30.06 36.89	

Women 18-24 100 Yard IM

PNA: 1:02.94 % 4/5/1992 PAMELA STALTER

NATL: 55.24 \$ 4/18/2010 KARA DENBY

1	Minehan, Jill N	24	Ohana Swim Team	1:07.00
			30.62 36.38	
2	Switaj, Caitlin B	22	Bellingham Maste-14	1:11.50
			31.83 39.67	

Women 18-24 200 Yard IM

PNA: 2:13.25 % 10/10/2009 PALOMA DINKEL

NATL: 2:02.35 \$ 4/18/2010 KARA DENBY

1	Dinkel, Paloma	23	Lake Washington	2:07.43%
			27.76 33.83 36.88 28.96	

Women 25-29 50 Yard Freestyle

PNA: 23.19 % 2/21/2010 MEGAN JENDRICK

NATL: 23.16 \$ 4/24/2005 PETRA MARTIN

1	Patashnik, Maxima G	25	Lake Washington	28.78
2	Bratberg, Amanda	26	Lake Washington	31.51
3	Maxwell, Diane R	29	West Coast Aquat-38	34.52

Women 25-29 100 Yard Freestyle

PNA: 49.70 % 2/21/2010 MEGAN JENDRICK

NATL: 49.70 \$ 2/21/2010 MEGAN JENDRICK

1	Bratberg, Amanda	26	Lake Washington	1:13.29
			33.82 39.47	
2	Maxwell, Diane R	29	West Coast Aquat-38	1:13.77
			35.14 38.63	

Women 25-29 50 Yard Backstroke

PNA: 26.37 % 2/21/2010 MEGAN JENDRICK

NATL: 25.26 \$ 5/22/2010 TANICA JAMISON

1	Bogachus, Brett L	25	Bellevue Club	30.89
2	Carley, Jane N	29	Sequim Aquatic R	31.31

Women 25-29 100 Yard Backstroke

PNA: 1:01.77 % 5/20/2007 MEGAN LIVINGSTON

NATL: 54.06 \$ 5/23/2010 TANICA JAMISON

1	Havey, Patricia I	29	West Coast Aquat-38	1:10.18
			34.79 35.39	
2	Garrison, Abigail M	25	Ohana Swim Team	1:15.44
			36.58 38.86	

Women 25-29 200 Yard Backstroke

PNA: 2:11.30 % 5/7/1989 KARIN FOSBERG

NATL: 2:00.57 \$ 5/22/2005 PAMELA HANSON

1	Havey, Patricia I	29	West Coast Aquat-38	2:27.18
			34.58 37.16 37.62 37.82	

Women 25-29 50 Yard Breaststroke

PNA: 27.14 % 2/21/2010 MEGAN JENDRICK

NATL: 27.14 \$ 2/21/2010 MEGAN JENDRICK

1	Carley, Jane N	29	Sequim Aquatic R	35.19
2	Patashnik, Maxima G	25	Lake Washington	36.53
3	Garrison, Abigail M	25	Ohana Swim Team	40.51

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Women 25-29 100 Yard Breaststroke

PNA: 59.58 % 2/6/2010 MEGAN JENDRICK

NATL: 59.58 \$ 2/6/2010 MEGAN JENDRICK

1	Bogachus, Brett L	25	Bellevue Club	1:15.32
	35.74	39.58		
2	Patashnik, Maxima G	25	Lake Washington	1:19.82
	37.87	41.95		

Women 25-29 50 Yard Butterfly

PNA: 24.86 % 2/21/2010 MEGAN JENDRICK

NATL: 24.41 \$ 5/22/2010 TANICA JAMISON

1	Carley, Jane N	29	Sequim Aquatic R	29.28
2	Maxwell, Diane R	29	West Coast Aquat-38	39.23

Women 25-29 100 Yard Butterfly

PNA: 59.92 % 5/20/2007 MEGAN LIVINGSTON

NATL: 53.72 \$ 5/21/2010 TANICA JAMISON

1	Bogachus, Brett L	25	Bellevue Club	1:03.89
	29.07	34.82		

Women 25-29 100 Yard IM

PNA: 54.43 % 2/6/2010 MEGAN JENDRICK

NATL: 54.43 \$ 2/6/2010 MEGAN JENDRICK

1	Carley, Jane N	29	Sequim Aquatic R	1:07.17
	30.69	36.48		
2	Havey, Patricia I	29	West Coast Aquat-38	1:11.59
	33.04	38.55		
3	Garrison, Abigail M	25	Ohana Swim Team	1:16.29
	34.22	42.07		
4	Bratberg, Amanda	26	Lake Washington	1:21.78
	37.02	44.76		
5	Maxwell, Diane R	29	West Coast Aquat-38	1:27.29
	40.78	46.51		

Women 25-29 200 Yard IM

PNA: 1:59.69 % 2/6/2010 MEGAN JENDRICK

NATL: 1:59.69 \$ 2/6/2010 MEGAN JENDRICK

1	Havey, Patricia I	29	West Coast Aquat-38	2:34.75
	35.56	37.74	45.60	35.85

Women 25-29 400 Yard IM

PNA: 4:42.13 % 5/7/1989 KARIN FOSBERG

NATL: 4:21.52 \$ 5/22/2005 KASEY HARRIS

1	Havey, Patricia I	29	West Coast Aquat-38	5:27.95
	37.14	45.58	38.74	38.71
	46.50	47.33	37.45	36.50

Women 30-34 50 Yard Freestyle

PNA: 24.99 % 5/18/1997 TRISHA SCHWERZLER

NATL: 22.70 \$ 3/11/2009 ERIKA ERNDL

1	Matlock, Shannon L	34	Lake Washington	26.23
2	Shafer, Sarah A	31	Monroe YMCA Mast	29.73
3	Eldredge, Nicole	31	Ymcapkc Sound Aq	29.99

Women 30-34 100 Yard Freestyle

PNA: 54.18 % 4/13/2008 COLLEEN PHILIPPS

NATL: 49.07 \$ 12/6/2008 ERIKA ERNDL

1	Matlock, Shannon L	34	Lake Washington	57.75
	27.70	30.05		

2	Eldredge, Nicole	31	Ymcapkc Sound Aq	1:04.73
	31.02	33.71		
3	Gray, Joscelyne T	34	Monroe YMCA Mast	1:39.42
	44.21	55.21		

Women 30-34 200 Yard Freestyle

PNA: 1:59.02 % 4/13/2008 COLLEEN PHILIPPS

NATL: 1:51.40 \$ 5/18/2003 KATRINA RADKE

1	Wetzler, Kari	31	Bainbridge Aquat-38	2:24.43
	33.24	35.48	37.41	38.30
2	Eldredge, Nicole	31	Ymcapkc Sound Aq	2:25.59
	33.33	36.87	38.03	37.36
3	Gray, Joscelyne T	34	Monroe YMCA Mast	3:42.50
	44.44	56.81	1:00.46	1:00.79

Women 30-34 500 Yard Freestyle

PNA: 5:19.88 % 4/11/2010 COLLEEN PHILIPPS

NATL: 4:59.08 \$ 5/12/1996 K PIPES-NEILSEN

1	Wiegand, Shelby J	32	Lake Washington	6:23.96
	36.17	37.47	38.67	38.92
	38.97	39.11	39.41	38.93
	39.29	37.02		
2	Wetzler, Kari	31	Bainbridge Aquat-38	6:28.72
	35.12	37.71	38.44	39.04
	39.62	39.52	40.33	40.08
	40.14	38.72		
3	Shafer, Sarah A	31	Monroe YMCA Mast	6:52.75
	33.32	38.73	41.19	42.30
	42.60	43.02	42.78	44.06
	44.00	40.75		

Women 30-34 50 Yard Backstroke

PNA: 28.04 % 4/11/2010 TAMARA COULTER

NATL: 25.32 \$ 3/15/2009 NORIKO INADA

1	McMullen, Kate	32	Thunderbird Aqua	40.62
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Women 30-34 100 Yard Backstroke

PNA: 1:00.35 % 4/11/2010 TAMARA COULTER

NATL: 55.50 \$ 3/15/2009 NORIKO INADA

1	Chamberlin, Melissa	31	Downtown/Bellvu	1:07.41
	33.39	34.02		

Women 30-34 200 Yard Backstroke

PNA: 2:09.33 % 4/5/1992 ZENA HERRMANN

NATL: 1:59.93 \$ 2/19/1996 K PIPES-NEILSEN

1	Chamberlin, Melissa	31	Downtown/Bellvu	2:19.56
	34.34	35.75	35.29	34.18

Women 30-34 50 Yard Breaststroke

PNA: 32.74 % 5/20/2001 LINDA HEGERBERG

NATL: 28.48 \$ 5/4/2008 KATIE MCCLELLAND

1	Shafer, Sarah A	31	Monroe YMCA Mast	37.30
2	McMullen, Kate	32	Thunderbird Aqua	41.20

Women 30-34 100 Yard Breaststroke

PNA: 1:09.78 % 4/10/2011 M.CHAMBERLIN

NATL: 1:02.08 \$ 5/4/2008 KATIE MCCLELLAND

1	Chamberlin, Melissa	31	Downtown/Bellvu	1:11.12
	34.66	36.46		

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(Women 30-34 100 Yard Breaststroke)

2	Wetzler, Kari	31	Bainbridge Aquat-38	1:25.75
	41.26	44.49		
3	McMullen, Kate	32	Thunderbird Aqua	1:29.38
	43.01	46.37		

Women 30-34 200 Yard Breaststroke

PNA: 2:25.83 % 4/10/2011 M.CHAMBERLIN

NATL: 2:17.34 \$ 4/30/2000 WENKE HANSEN

1	Chamberlin, Melissa	31	Downtown/Bellevu	2:30.50
	35.42	38.97	38.23	37.88
2	McMullen, Kate	32	Thunderbird Aqua	3:11.86
	45.19	47.11	49.22	50.34

Women 30-34 50 Yard Butterfly

PNA: 27.09 % 5/18/1997 TRISHA SCHWERZLER

NATL: 24.18 \$ 4/15/2000 ANGEL MARTINO

1	Shafer, Sarah A	31	Monroe YMCA Mast	32.71
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Women 30-34 100 Yard IM

PNA: 1:03.43 % 4/13/2008 MEGAN LIVINGSTON

NATL: 57.01 \$ 4/15/2000 ANGEL MARTINO

1	Chamberlin, Melissa	31	Downtown/Bellevu	1:05.42
	32.29	33.13		
2	Matlock, Shannon L	34	Lake Washington	1:08.38
	32.01	36.37		
3	Shafer, Sarah A	31	Monroe YMCA Mast	1:15.99
	34.92	41.07		

Women 35-39 50 Yard Freestyle

PNA: 24.82 % 1/30/2009 MEGAN OESTING

NATL: 22.34 \$ 2/25/2007 DARA TORRES

1	Ashmann, Chericka L	38	South Sound Mast-15	29.11
2	Gow, Sherry	38	Ymcapkc Sound Aq	38.26
---	Maples, Cherith D	39	Monroe YMCA Mast	DQ
	False start			

Women 35-39 100 Yard Freestyle

PNA: 54.06 % 4/11/2009 KIMBERLY JETER

NATL: 49.72 \$ 2/25/2007 DARA TORRES

1	Ashmann, Chericka L	38	South Sound Mast-15	1:06.58
	31.10	35.48		
2	Schneider, Janet	38	Samena Masters	1:22.59
	40.95	41.64		

Women 35-39 200 Yard Freestyle

PNA: 1:58.10 % 5/9/1996 MARGEE CURRAN

NATL: 1:51.55 \$ 5/3/1997 K PIPES-NEILSEN

1	Wetstone, Susan	38	Greenlake Aquadu	2:15.34
	31.29	33.90	35.21	34.94
2	Tomtan-Brayman, Brenda K	38	Greenlake Aquadu	2:16.08
	30.83	33.84	35.83	35.58

Women 35-39 500 Yard Freestyle

PNA: 5:15.13 % 5/9/1996 MARGEE CURRAN

NATL: 4:56.09 \$ 5/3/1997 K PIPES-NEILSEN

1	Wetstone, Susan	38	Greenlake Aquadu	5:56.72
	32.65	35.01	35.17	36.12
	36.32	36.52	36.54	36.39
	36.46	35.54		
2	Tomtan-Brayman, Brenda K	38	Greenlake Aquadu	6:03.89
	32.63	35.61	36.70	36.82
	36.90	37.46	37.57	37.38
	36.74	36.08		

Women 35-39 50 Yard Backstroke

PNA: 27.60 % 2/5/2011 SHERI HART

NATL: 25.97 \$ 5/22/2010 SHERI HART

1	Ashmann, Chericka L	38	South Sound Mast-15	33.70
2	Maples, Cherith D	39	Monroe YMCA Mast	33.93
3	York, Sandi	35	Thunderbird Aqua	35.87

Women 35-39 100 Yard Backstroke

PNA: 58.98 % 2/5/2011 SHERI HART

NATL: 56.14 \$ 5/23/2010 SHERI HART

1	Wetstone, Susan	38	Greenlake Aquadu	1:09.37
	34.14	35.23		
2	Tomtan-Brayman, Brenda K	38	Greenlake Aquadu	1:12.85
	35.52	37.33		
3	Maples, Cherith D	39	Monroe YMCA Mast	1:15.92
	36.42	39.50		
4	York, Sandi	35	Thunderbird Aqua	1:16.24
	36.59	39.65		

Women 35-39 200 Yard Backstroke

PNA: 2:10.93 % 5/18/1997 ZENA COURTNEY

NATL: 2:00.54 \$ 3/14/1998 K PIPES-NEILSEN

1	Tomtan-Brayman, Brenda K	38	Greenlake Aquadu	2:33.65
	36.84	38.73	39.52	38.56
2	York, Sandi	35	Thunderbird Aqua	2:53.87
	39.70	43.79	45.61	44.77
3	Ashmann, Chericka L	38	South Sound Mast-15	2:55.94
	40.26	44.21	47.22	44.25

Women 35-39 50 Yard Breaststroke

PNA: 33.36 % 4/10/2005 LINDA HEGERBERG

NATL: 29.94 \$ 5/22/2005 S VON DER LIPPE

1	Ashmann, Chericka L	38	South Sound Mast-15	40.94
2	Maples, Cherith D	39	Monroe YMCA Mast	41.26
3	Schneider, Janet	38	Samena Masters	47.35
4	Brumley, Sadie A	35	Monroe YMCA Mast	48.34

Women 35-39 100 Yard Breaststroke

PNA: 1:11.40 % 4/11/2010 JEAN DILLON

NATL: 1:04.25 \$ 4/25/2004 S VON DER LIPPE

1	Brumley, Sadie A	35	Monroe YMCA Mast	1:42.56
	49.94	52.62		

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Women 35-39 200 Yard Breaststroke

PNA: 2:35.69 % 4/15/2007 LINDA HEGERBERG

NATL: 2:19.66 \$ 1/27/2002 CAROLINE KRATTLI

1	Brumley, Sadie A	35	Monroe YMCA Mast	3:34.57
	51.01	54.67	56.19	52.70

Women 35-39 50 Yard Butterfly

PNA: 27.92 % 4/10/1994 WENDY BOGLIOLI

NATL: 25.54 \$ 5/18/2003 S VON DER LIPPE

1	Wetstone, Susan	38	Greenlake Aquadu	32.06
2	York, Sandi	35	Thunderbird Aqua	35.50
3	Maples, Cherith D	39	Monroe YMCA Mast	36.17

Women 35-39 100 Yard IM

PNA: 1:01.34 % 2/5/2011 SHERI HART

NATL: 57.67 \$ 5/23/2010 SHERI HART

1	Hall, Tina K	37	Lake Washington	1:10.28
	31.44	38.84		
2	York, Sandi	35	Thunderbird Aqua	1:18.24
	35.47	42.77		
3	Schneider, Janet	38	Samena Masters	1:38.32
	50.46	47.86		
4	Brumley, Sadie A	35	Monroe YMCA Mast	1:43.96
	52.61	51.35		

Women 40-44 50 Yard Freestyle

PNA: 23.92 % 5/1/2011 SHERI HART

NATL: 21.91 \$ 4/15/2007 DARA TORRES

1	Polidori, Wendy	42	Mukilteo YMCA	29.43
2	Quartararo, Patti L	40	Monroe YMCA Mast	29.90
3	Sullivan, Suna	44	Lake Washington	31.17
4	Lasley, Stacey N	40	Mukilteo YMCA	31.26
5	Brunke, Margaret A	44	West Coast Aquat-38	33.37
6	Hegarty, Laura M	41	Bainbridge Aquat-38	35.05

Women 40-44 100 Yard Freestyle

PNA: 51.86 % 5/1/2011 SHERI HART

NATL: 48.34 \$ 4/15/2007 DARA TORRES

1	Vander Haegen, Geraldine E	44	South Sound Mast-15	1:04.39
	31.04	33.35		
2	Polidori, Wendy	42	Mukilteo YMCA	1:04.78
	30.85	33.93		
3	Quartararo, Patti L	40	Monroe YMCA Mast	1:05.01
	31.55	33.46		
4	Marsh-Limm, Margo	44	Mukilteo YMCA	1:06.45
	31.96	34.49		
5	Sullivan, Suna	44	Lake Washington	1:07.74
	32.52	35.22		
6	Brunke, Margaret A	44	West Coast Aquat-38	1:14.00
	34.80	39.20		

Women 40-44 200 Yard Freestyle

PNA: 2:01.12 % 5/1/2011 HALEIGH A WERNER

NATL: 1:51.06 \$ 12/22/2002 K PIPES-NEILSEN

1	Vander Haegen, Geraldine E	44	South Sound Mast-15	2:17.60
	31.87	34.83	35.93	34.97
2	Polidori, Wendy	42	Mukilteo YMCA	2:24.99
	34.92	35.77	36.79	37.51

3	Quartararo, Patti L	40	Monroe YMCA Mast	2:25.61
	33.89	35.79	38.69	37.24
4	Marsh-Limm, Margo	44	Mukilteo YMCA	2:27.33
	34.56	37.37	37.93	37.47
5	Hegarty, Laura M	41	Bainbridge Aquat-38	2:57.02
	40.62	46.23	47.32	42.85

Women 40-44 500 Yard Freestyle

PNA: 5:21.96 % 5/1/2011 HALEIGH A WERNER

NATL: 4:58.98 \$ 10/5/2002 K PIPES-NEILSEN

1	Armstrong, Mary C	44	Monroe YMCA Mast	6:15.87
	32.48	35.65	36.87	37.06
	37.42	38.55	39.48	39.35
	39.88	39.13		
2	Quartararo, Patti L	40	Monroe YMCA Mast	6:30.07
	34.82	37.46	38.52	40.20
	40.49	39.92	39.90	40.11
	40.29	38.36		
3	Clarke, Heather	40	Lake Washington	7:48.98
	40.65	45.33	49.67	48.84
	48.04	48.91	48.73	47.77
	47.55	43.49		

Women 40-44 50 Yard Backstroke

PNA: 26.12 % 5/1/2011 SHERI HART

NATL: 27.12 \$ 5/4/2008 VALERIE JENKINS

1	Lasley, Stacey N	40	Mukilteo YMCA	38.31
2	Brunke, Margaret A	44	West Coast Aquat-38	39.20
3	Antilla, Kristine L	43	Ohana Swim Team	41.28

Women 40-44 100 Yard Backstroke

PNA: 56.03 % 5/1/2011 SHERI HART

NATL: 57.15 \$ 5/18/2003 K PIPES-NEILSEN

1	Hegarty, Laura M	41	Bainbridge Aquat-38	1:23.01
	41.71	41.30		

Women 40-44 200 Yard Backstroke

PNA: 2:13.58 % 5/20/2001 ZENA COURTNEY

NATL: 2:04.43 \$ 4/24/2010 KRISTIN GARY

1	Hegarty, Laura M	41	Bainbridge Aquat-38	2:59.15
	42.52	44.75	46.93	44.95

Women 40-44 50 Yard Breaststroke

PNA: 32.07 % 5/1/2011 MARY C ARMSTRONG

NATL: 29.24 \$ 2/28/2010 S VON DER LIPPE

1	Armstrong, Mary C	44	Monroe YMCA Mast	32.89
2	Beauchene, Theresa L	43	Orca Swim Club	39.67
3	Antilla, Kristine L	43	Ohana Swim Team	39.75
4	McCandless, Diana C	41	South Sound Mast-15	44.96
5	Brunke, Margaret A	44	West Coast Aquat-38	45.07

Women 40-44 100 Yard Breaststroke

PNA: 1:10.52 % 4/11/2009 MARY ARMSTRONG

NATL: 1:03.00 \$ 5/4/2008 S VON DER LIPPE

1	Antilla, Kristine L	43	Ohana Swim Team	1:28.67
	42.24	46.43		

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Women 40-44 200 Yard Breaststroke

PNA: 2:36.63 % 5/1/2011 HALEIGH A WERNER

NATL: 2:17.06 \$ 5/14/2006 S VON DER LIPPE

1	Vander Haegen, Geraldine E	44	South Sound Mast-15	3:00.58
	41.55	45.80	47.94	45.29
2	McCandless, Diana C	41	South Sound Mast-15	3:44.33
	48.60	1:00.16	59.09	56.48

Women 40-44 50 Yard Butterfly

PNA: 26.25 % 5/1/2011 SHERI HART

NATL: 25.14 \$ 5/10/2009 S VON DER LIPPE

1	Armstrong, Mary C	44	Monroe YMCA Mast	30.11
2	Polidori, Wendy	42	Mukilteo YMCA	32.27
3	Marsh-Limm, Margo	44	Mukilteo YMCA	34.57
4	Clarke, Heather	40	Lake Washington	39.73
5	Brunke, Margaret A	44	West Coast Aquat-38	42.02

Women 40-44 100 Yard Butterfly

PNA: 1:01.99 % 5/18/1997 CAMILLE THOMPSON

NATL: 54.83 \$ 5/10/2009 S VON DER LIPPE

1	Sullivan, Suna	44	Lake Washington	1:21.07
	38.02	43.05		

Women 40-44 100 Yard IM

PNA: 58.38 % 5/1/2011 SHERI HART

NATL: 58.14 \$ 4/10/2010 S VON DER LIPPE

1	Armstrong, Mary C	44	Monroe YMCA Mast	1:08.28
	31.96	36.32		
2	Vander Haegen, Geraldine E	44	South Sound Mast-15	1:15.31
	36.39	38.92		
3	Polidori, Wendy	42	Mukilteo YMCA	1:15.92
	35.54	40.38		
4	Gifford, Jill H	41	Orca Swim Club	1:17.42
	33.80	43.62		
5	Beauchene, Theresa L	43	Orca Swim Club	1:18.03
	36.31	41.72		
6	Marsh-Limm, Margo	44	Mukilteo YMCA	1:18.04
	37.53	40.51		
7	Quartararo, Patti L	40	Monroe YMCA Mast	1:20.96
	39.38	41.58		
8	Lasley, Stacey N	40	Mukilteo YMCA	1:23.99
	38.24	45.75		
9	Hegarty, Laura M	41	Bainbridge Aquat-38	1:27.49
	41.13	46.36		
10	Clarke, Heather	40	Lake Washington	1:31.65
	43.35	48.30		
11	McCandless, Diana C	41	South Sound Mast-15	1:39.24
	47.75	51.49		

Women 40-44 200 Yard IM

PNA: 2:22.03 % 5/17/2002 LISA WILSON

NATL: 2:04.85 \$ 5/4/2008 S VON DER LIPPE

1	Antilla, Kristine L	43	Ohana Swim Team	3:06.17
		52.03	43.93	

Women 40-44 400 Yard IM

PNA: 4:50.69 % 5/1/2011 HALEIGH A WERNER

NATL: 4:28.43 \$ 5/4/2008 S VON DER LIPPE

1	McCandless, Diana C	41	South Sound Mast-15	7:25.07
	46.31	58.16	2:06.24	57.11
	57.06		47.28	

Women 45-49 50 Yard Freestyle

PNA: 24.63 % 5/23/2010 LISA A DAHL

NATL: 24.00 \$ 5/4/2008 SUSAN WALSH

1	Enright, Jill	48	Lake Washington	30.92
2	Speir, Kris	48	Ohana Swim Team	31.24
3	Pearson, Jill D	48	Lake Washington	31.69
4	Pappalardo, Susan	45	Bellevue Club	32.26
5	Cannon, Mariana G	48	West Coast Aquat-38	33.42

Women 45-49 100 Yard Freestyle

PNA: 54.63 % 5/23/2010 LISA A DAHL

NATL: 52.23 \$ 12/16/2007 K PIPES-NEILSEN

1	Gengler Dahl, Sarah	49	Central Area Aqu	58.12
	27.87	30.25		
2	Speir, Kris	48	Ohana Swim Team	1:08.75
	33.08	35.67		
3	Enright, Jill	48	Lake Washington	1:09.83
	33.30	36.53		
4	Pappalardo, Susan	45	Bellevue Club	1:10.49
	33.60	36.89		
5	Cannon, Mariana G	48	West Coast Aquat-38	1:12.61
	34.87	37.74		
6	Hoffman, Wendy E	49	Mercer Island Co	1:13.63
	35.64	37.99		
7	Morlan, CJ	47	Unattached	1:20.01
	37.53	42.48		

Women 45-49 200 Yard Freestyle

PNA: 2:06.33 % 5/20/2001 MARY LIPPOLD

NATL: 1:53.28 \$ 12/16/2007 K PIPES-NEILSEN

1	Johansson, Hanna L	45	Issaquah Swim Te	2:20.00
	31.24	34.62	36.81	37.33
2	Enright, Jill	48	Lake Washington	2:32.71
	34.46	39.10	40.39	38.76
3	Hoffman, Wendy E	49	Mercer Island Co	2:37.12
	35.98	40.03	40.84	40.27
4	Cannon, Mariana G	48	West Coast Aquat-38	2:37.47
	34.61	39.31	41.59	41.96
5	Pearson, Jill D	48	Lake Washington	2:37.65
	36.39	39.71	41.44	40.11
6	Morlan, CJ	47	Unattached	2:59.31
	38.76	44.63	48.01	47.91

Women 45-49 500 Yard Freestyle

PNA: 5:30.78 % 5/20/2007 LISA PACE

NATL: 5:04.13 \$ 4/11/2009 K PIPES-NEILSEN

1	Pappalardo, Susan	45	Bellevue Club	7:07.02
	36.39	39.35	42.33	43.41
	44.53	44.43	44.98	44.66
	44.63	42.31		

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2	Pearson, Jill D	48	Lake Washington	7:09.42
	36.02	40.47	43.25	43.83
	43.61	44.42	44.67	45.13
	45.78	42.24		
3	Fordham, Jennifer	48	Monroe YMCA Mast	7:15.60
	37.30	41.98	44.81	43.95
	45.03	45.41	45.11	45.11
	44.19	42.71		

Women 45-49 50 Yard Backstroke

PNA: 30.05 % 5/10/2009 LISA DAHL

NATL: 27.35 \$ 12/21/2008 K PIPES-NEILSEN

1	Gengler Dahl, Sarah	49	Central Area Aqu	31.62
2	Williamson, Pamela M	47	West Coast Aquat-38	40.74

Women 45-49 100 Yard Backstroke

PNA: 1:05.05 % 5/20/2007 ZENA COURTNEY

NATL: 57.83 \$ 5/23/2010 ELLEN REYNOLDS

1	Gengler Dahl, Sarah	49	Central Area Aqu	1:05.99
	33.14	32.85		
2	Fordham, Jennifer	48	Monroe YMCA Mast	1:17.12
	37.13	39.99		
3	Williamson, Pamela M	47	West Coast Aquat-38	1:22.90
	41.37	41.53		
4	Hoffman, Wendy E	49	Mercer Island Co	1:31.10
	45.06	46.04		

Women 45-49 200 Yard Backstroke

PNA: 2:19.72 % 5/20/2007 ZENA COURTNEY

NATL: 2:04.65 \$ 4/19/2009 K PIPES-NEILSEN

1	Fordham, Jennifer	48	Monroe YMCA Mast	2:48.26
	38.22	41.89	45.59	42.56

Women 45-49 50 Yard Breaststroke

PNA: 33.50 % 5/10/2009 LISA DAHL

NATL: 30.17 \$ 5/20/2007 CAROLINE KRATTLI

1	Voss, Julie E	48	Lake Washington	36.41
2	Speir, Kris	48	Ohana Swim Team	39.20
3	Fordham, Jennifer	48	Monroe YMCA Mast	40.46

Women 45-49 100 Yard Breaststroke

PNA: 1:16.94 % 4/10/2005 TONYA BERG

NATL: 1:06.01 \$ 5/20/2007 CAROLINE KRATTLI

1	Voss, Julie E	48	Lake Washington	1:19.87
	38.05	41.82		
2	Johansson, Hanna L	45	Issaquah Swim Te	1:24.20
	40.12	44.08		
3	Hoffman, Wendy E	49	Mercer Island Co	1:34.41
	44.85	49.56		

Women 45-49 50 Yard Butterfly

PNA: 26.36 % 5/23/2010 LISA A DAHL

NATL: 26.24 \$ 8/2009 SCOULER/PIPES-NEI

1	Pearson, Jill D	48	Lake Washington	36.29
2	Williamson, Pamela M	47	West Coast Aquat-38	36.86
3	Cannon, Mariana G	48	West Coast Aquat-38	41.46

Women 45-49 100 Yard IM

PNA: 1:02.87 % 5/23/2010 LISA A DAHL

NATL: 59.48 \$ 4/19/2009 K PIPES-NEILSEN

1	Speir, Kris	48	Ohana Swim Team	1:18.05
	36.43	41.62		
2	Fordham, Jennifer	48	Monroe YMCA Mast	1:20.18
	36.47	43.71		
3	Pearson, Jill D	48	Lake Washington	1:23.36
	41.68	41.68		
4	Williamson, Pamela M	47	West Coast Aquat-38	1:23.69
	39.18	44.51		
5	Hoffman, Wendy E	49	Mercer Island Co	1:24.68
	41.81	42.87		
6	Cannon, Mariana G	48	West Coast Aquat-38	1:29.60
	41.79	47.81		
7	Morlan, CJ	47	Unattached	1:30.50
	41.19	49.31		

Women 45-49 200 Yard IM

PNA: 2:19.88 % 5/20/2007 LISA PACE

NATL: 2:07.26 \$ 12/16/2007 K PIPES-NEILSEN

1	Johansson, Hanna L	45	Issaquah Swim Te	2:41.74
	34.48	42.21	48.50	36.55

Women 50-54 50 Yard Freestyle

PNA: 26.33 % 5/20/2007 MARY LIPPOLD

NATL: 24.92 \$ 5/4/2008 TRACI GRANGER

1	Dahl, Lisa A	50	Central Area Aqu	26.20%
2	Lindley, Jane	50	Bainbridge Aquat-38	29.63
3	Cooley, Robin L	53	West Coast Aquat-38	32.39
4	Moore, Sheila E	52	Lake Washington	33.01
5	Underbrink, Mary	52	Lake Washington	37.27
6	Morrison, Mary E	52	Thunderbird Aqua	45.17

Women 50-54 100 Yard Freestyle

PNA: 58.54 % 5/20/2007 MARY LIPPOLD

NATL: 54.38 \$ 5/17/2002 LAURA VAL

1	Lindley, Jane	50	Bainbridge Aquat-38	1:05.46
	31.47	33.99		
2	Moore, Sheila E	52	Lake Washington	1:12.71
	34.92	37.79		
3	Underbrink, Mary	52	Lake Washington	1:26.27
	40.17	46.10		
4	Morrison, Mary E	52	Thunderbird Aqua	1:40.31
	47.16	53.15		

Women 50-54 200 Yard Freestyle

PNA: 2:07.91 % 5/20/2007 MARY LIPPOLD

NATL: 1:59.55 \$ 5/17/2002 LAURA VAL

1	Moore, Sheila E	52	Lake Washington	2:37.61
	36.11	39.33	40.96	41.21
2	Morrison, Mary E	52	Thunderbird Aqua	3:32.29
	46.41	55.33	56.57	53.98

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Women 50-54 500 Yard Freestyle

PNA: 5:45.06 % 5/17/2002 BARB GUNDRED

NATL: 5:16.88 \$ 5/10/2009 S HEIM-BOWEN

1	Moore, Sheila E	52	Lake Washington	7:00.85
	37.93	41.66	43.00	43.17
	43.11	43.05	43.05	42.77
	42.34	40.77		

Women 50-54 50 Yard Backstroke

PNA: 31.07 % 5/18/2003 BARB GUNDRED

NATL: 28.74 \$ 6/23/2002 J SWAGERTY-HILL

1	Morrison, Mary E	52	Thunderbird Aqua	1:01.01
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Women 50-54 50 Yard Breaststroke

PNA: 35.78 % 5/20/2007 ANDRA JAUNZEME

NATL: 32.37 \$ 5/21/2010 BRIGITTE HEUER

1	Dahl, Lisa A	50	Central Area Aqu	34.83%
2	Lindley, Jane	50	Bainbridge Aquat-38	40.17
3	Cooley, Robin L	53	West Coast Aquat-38	40.79
4	Underbrink, Mary	52	Lake Washington	50.72
5	Morrison, Mary E	52	Thunderbird Aqua	56.39

Women 50-54 100 Yard Breaststroke

PNA: 1:17.09 % 5/18/2003 A.LITZENBERGER

NATL: 1:12.25 \$ 5/7/2010 JENNY COOK

1	Cooley, Robin L	53	West Coast Aquat-38	1:28.73
	42.32	46.41		

Women 50-54 50 Yard Butterfly

PNA: 29.49 % 5/18/2003 CHARLOTTE DAVIS

NATL: 26.77 \$ 5/10/2009 TRACI GRANGER

1	Dahl, Lisa A	50	Central Area Aqu	28.47%
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Women 50-54 100 Yard IM

PNA: 1:09.06 % 5/20/2001 CHARLOTTE DAVIS

NATL: 1:03.72 \$ 5/10/2009 AHELEE SUE OSBORN

1	Dahl, Lisa A	50	Central Area Aqu	1:07.24%
	31.02	36.22		
2	Lindley, Jane	50	Bainbridge Aquat-38	1:15.91
	36.07	39.84		
3	Underbrink, Mary	52	Lake Washington	1:41.43
	49.85	51.58		

Women 55-59 50 Yard Freestyle

PNA: 26.99 % 5/10/2009 CHARLOTTE DAVIS

NATL: 25.29 \$ 5/10/2009 LAURA VAL

1	Morris, Kathy L	56	South Sound Mast-15	43.88
2	Duggan, Pat M	58	Blue Wave Aquati-36	44.05

Women 55-59 100 Yard Freestyle

PNA: 59.08 % 5/22/2005 CHARLOTTE DAVIS

NATL: 54.72 \$ 5/4/2008 LAURA VAL

1	Duggan, Pat M	58	Blue Wave Aquati-36	1:25.91
	42.52	43.39		
2	Morris, Kathy L	56	South Sound Mast-15	1:42.94
	46.28	56.66		

Women 55-59 200 Yard Freestyle

PNA: 2:13.76 % 4/9/2006 CHARLOTTE DAVIS

NATL: 1:59.02 \$ 5/10/2009 LAURA VAL

1	Kassen, Elizabeth K	59	South Sound Mast-15	2:35.43
	34.87	39.26	40.97	40.33
2	Duggan, Pat M	58	Blue Wave Aquati-36	3:03.50
	43.49	46.83	48.07	45.11

Women 55-59 500 Yard Freestyle

PNA: 5:53.66 % 5/20/2007 BARB GUNDRED

NATL: 5:27.33 \$ 1/25/2009 LAURA VAL

1	Duggan, Pat M	58	Blue Wave Aquati-36	8:02.52
	47.80	49.26	50.07	49.34
	48.82	49.46	47.82	47.71
	48.15	44.09		

Women 55-59 50 Yard Backstroke

PNA: 36.99 % 4/10/1999 PINKY WALKER

NATL: 28.88 \$ 3/28/2010 LAURA VAL

1	Morris, Kathy L	56	South Sound Mast-15	53.54
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Women 55-59 50 Yard Breaststroke

PNA: 36.21 % 5/4/2008 ANDRA JAUNZEME

NATL: 34.45 \$ 5/21/2010 LO D KNAPP

1	Jaeger, Dawn	55	North End Otters	40.95
2	Johnson, Janet S	57	Port Townsend Ma-11	42.03

Women 55-59 100 Yard Breaststroke

PNA: 1:18.23 % 5/4/2008 ANDRA JAUNZEME

NATL: 1:14.67 \$ 5/22/2010 LO D KNAPP

1	Johnson, Janet S	57	Port Townsend Ma-11	1:30.19
	43.77	46.42		
2	Kassen, Elizabeth K	59	South Sound Mast-15	1:34.00
	44.78	49.22		
3	McDaniel, Kathy	59	Monroe YMCA Mast	1:47.83
	52.14	55.69		

Women 55-59 200 Yard Breaststroke

PNA: 2:50.32 % 5/4/2008 ANDRA JAUNZEME

NATL: 2:40.19 \$ 5/10/2009 CATHERINE KOHN

1	Johnson, Janet S	57	Port Townsend Ma-11	3:16.60
	45.25	49.90	51.22	50.23
2	Kassen, Elizabeth K	59	South Sound Mast-15	3:25.70
	46.32	52.83	53.98	52.57

Women 55-59 50 Yard Butterfly

PNA: 29.90 % 5/14/2006 CHARLOTTE DAVIS

NATL: 28.20 \$ 4/10/2010 LAURA VAL

1	Morris, Kathy L	56	South Sound Mast-15	53.75
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Women 55-59 100 Yard Butterfly

PNA: 1:08.31 % 5/14/2006 CHARLOTTE DAVIS

NATL: 1:01.31 \$ 5/10/2009 LAURA VAL

1	Lippold, Mary B	56	North End Otters	1:14.52
	34.24	40.28		

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Women 55-59 100 Yard IM

PNA: 1:08.54 % 5/10/2009 CHARLOTTE DAVIS

NATL: 1:05.21 \$ 5/20/2007 LAURA VAL

1	Johnson, Janet S	57	Port Townsend Ma-11	1:31.52
	48.37	43.15		
2	Morris, Kathy L	56	South Sound Mast-15	2:03.02
	55.76	1:07.26		

Women 55-59 200 Yard IM

PNA: 2:29.14 % 5/22/2005 CHARLOTTE DAVIS

NATL: 2:21.91 \$ 5/22/2010 LAURA VAL

1	Johnson, Janet S	57	Port Townsend Ma-11	3:21.30
	47.67	59.20	51.20 43.23	
2	McDaniel, Kathy	59	Monroe YMCA Mast	3:35.22
	53.52	54.25	1:01.07 46.38	

Women 60-64 50 Yard Freestyle

PNA: 27.36 % 5/23/2010 CHARLOTTE M DAVIS

NATL: 27.36 \$ 5/23/2010 CHARLOTTE DAVIS

1	Blackburn, Jean	60	Blue Wave Aquati-36	33.10
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Women 60-64 100 Yard Freestyle

PNA: 59.41 % 5/23/2010 CHARLOTTE M DAVIS

NATL: 59.41 \$ 5/22/2010 CHARLOTTE DAVIS

1	Blackburn, Jean	60	Blue Wave Aquati-36	1:14.74
	35.67	39.07		

Women 60-64 500 Yard Freestyle

PNA: 5:57.32 % 5/1/2011 CHARLOTTE M DAVIS

NATL: 5:59.36 \$ 5/23/2010 CELESTE MILLER

1	Lebsack, Mel	63	Unattached	7:36.79
	42.11	44.59	45.62 46.57	
	46.62	46.45	46.64 47.13	
	45.94	45.12		

Women 60-64 50 Yard Breaststroke

PNA: 39.26 % 2/20/2011 CHARLOTTE DAVIS

NATL: 36.30 \$ 5/14/2006 GINGER PIERSON

1	Carruthers, Kate M	63	Bainbridge Aquat-38	44.04
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Women 60-64 100 Yard Breaststroke

PNA: 1:29.76 % 5/20/2007 SALLY DILLON

NATL: 1:19.98 \$ 5/4/2008 GINGER PIERSON

1	Carruthers, Kate M	63	Bainbridge Aquat-38	1:37.27
	47.63	49.64		

Women 60-64 50 Yard Butterfly

PNA: 29.86 % 5/23/2010 CHARLOTTE M DAVIS

NATL: 29.86 \$ 5/22/2010 CHARLOTTE DAVIS

1	Preissler, Stella	62	Lake Washington	37.07
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Women 60-64 100 Yard IM

PNA: 1:08.64 % 5/23/2010 CHARLOTTE M DAVIS

NATL: 1:08.64 \$ 5/23/2010 CHARLOTTE DAVIS

1	Preissler, Stella	62	Lake Washington	1:25.40
	38.31	47.09		
2	Blackburn, Jean	60	Blue Wave Aquati-36	1:27.59
	42.42	45.17		
3	Carruthers, Kate M	63	Bainbridge Aquat-38	1:29.96
	43.14	46.82		

Women 65-69 50 Yard Freestyle

PNA: 32.98 % 5/24/1981 DAWN MUSSELMAN

NATL: 30.42 \$ 5/20/2007 BETH SCHREINER

1	Grisso, Carol A	68	Ymcapkc Sound Aq	37.63
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Women 65-69 100 Yard Freestyle

PNA: 1:09.77 % 5/23/2010 SUZANNE L DILLS

NATL: 1:07.80 \$ 5/28/2007 ARDETH MUELLER

1	Grisso, Carol A	68	Ymcapkc Sound Aq	1:25.36
	41.62	43.74		

Women 65-69 200 Yard Freestyle

PNA: 2:24.66 % 5/23/2010 SUZANNE L DILLS

NATL: 2:24.66 \$ 5/21/2010 SUZANNE DILLS

1	Grisso, Carol A	68	Ymcapkc Sound Aq	3:15.38
	44.70	49.02	51.78 49.88	

Women 65-69 50 Yard Breaststroke

PNA: 46.45 % 10/25/2008 FRANCESCA DRUM

NATL: 37.74 \$ 4/25/2004 JOANN LEILICH

1	Pierson, Ginger L	65	Oregon Masters-37	40.45%
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Women 65-69 100 Yard Breaststroke

PNA: 1:44.95 % 4/1/1990 MURIEL FLYNN

NATL: 1:23.95 \$ 4/25/2004 JOANN LEILICH

1	Pierson, Ginger L	65	Oregon Masters-37	1:27.28%
	41.95	45.33		

Women 65-69 200 Yard Breaststroke

PNA: 3:45.71 % 3/5/1988 MURIEL FLYNN

NATL: 3:01.50 \$ 4/4/2004 JOANN LEILICH

1	Pierson, Ginger L	65	Oregon Masters-37	3:12.74%
	44.03	48.64	50.53 49.54	

Women 65-69 50 Yard Butterfly

PNA: 37.26 % 5/23/2010 SUZANNE L DILLS

NATL: 33.02 \$ 4/1/2007 ARDETH MUELLER

1	Welch, Sarah	65	Central Area Aqu	35.73%
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Women 65-69 100 Yard Butterfly

PNA: 1:25.29 % 5/23/2010 SUZANNE L DILLS

NATL: 1:16.73 \$ 4/1/2007 ARDETH MUELLER

1	Welch, Sarah	65	Central Area Aqu	1:24.66%
	40.69	43.97		

Women 65-69 100 Yard IM

PNA: 1:19.27 % 5/23/2010 SUZANNE L DILLS

NATL: 1:18.86 \$ 5/10/2009 JACKIE MARR

1	Welch, Sarah	65	Central Area Aqu	1:26.96
	42.01	44.95		
2	Grisso, Carol A	68	Ymcapkc Sound Aq	1:45.99
	52.47	53.52		

Women 65-69 200 Yard IM

PNA: 2:52.51 % 5/23/2010 SUZANNE L DILLS

NATL: 2:52.51 \$ 5/22/2010 SUZANNE DILLS

1	Pierson, Ginger L	65	Oregon Masters-37	3:15.22
	44.91	52.46	50.37 47.48	

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Women 70-74 50 Yard Freestyle

PNA: 34.66 % 10/16/1983 DAWN MUSSELMAN

NATL: 31.05 \$ 4/30/2000 GAIL ROPER

1 Getzendaner, Janet J 71 North End Otters 43.60

Women 70-74 50 Yard Backstroke

PNA: 44.64 % 5/26/1984 DAWN MUSSELMAN

NATL: 36.91 \$ 5/20/2007 BETSY JORDAN

1 Getzendaner, Janet J 71 North End Otters 50.30

Women 70-74 200 Yard Backstroke

PNA: 3:33.83 % 2/16/1997 PATRICIA DOTSON

NATL: 2:59.07 \$ 4/30/2006 NANCY BROWN

1 Getzendaner, Janet J 71 North End Otters 3:56.98

57.77 1:00.07 1:01.22 57.92

Women 70-74 50 Yard Breaststroke

PNA: 47.20 % 10/8/2011 FRANCESCA DRUM

NATL: 39.89 \$ 1/24/2009 JOANN LEILICH

1 Snow, Charlotte 72 Ymcapkc Sound Aq 1:01.68

Women 70-74 100 Yard Breaststroke

PNA: 1:45.16 % 10/8/2011 FRANCESCA DRUM

NATL: 1:27.62 \$ 1/24/2009 JOANN LEILICH

1 Snow, Charlotte 72 Ymcapkc Sound Aq 2:04.82

59.14 1:05.68

Women 70-74 200 Yard Breaststroke

PNA: 3:54.09 % 4/4/1993 MURIEL FLYNN

NATL: 3:07.28 \$ 2/1/2009 JOANN LEILICH

1 Snow, Charlotte 72 Ymcapkc Sound Aq 4:21.65

58.83 1:07.57 1:08.48 1:06.77

Women 70-74 100 Yard IM

PNA: 1:40.52 % 12/3/1983 DAWN MUSSELMAN

NATL: 1:21.97 \$ 4/30/2000 GAIL ROPER

1 Snow, Charlotte 72 Ymcapkc Sound Aq 2:09.79

1:03.45 1:06.34

Women 80-84 50 Yard Freestyle

PNA: 46.80 % 7/24/2011 GLORIA TOLARO

NATL: 36.85 \$ 3/12/2006 FLORENCE CARR

1 Gladwell, Gail A 80 Bellevue Club 1:05.23

Women 80-84 100 Yard Freestyle

PNA: 1:48.55 % 3/12/2011 GLORIA TOLARO

NATL: 1:24.09 \$ 5/18/2003 MARGERY MEYER

1 Kavadas, Jan 80 North End Otters 2:36.30

1:15.57 1:20.73

--- Gladwell, Gail A 80 Bellevue Club 3:07.00

Did not finish

1:05.17 2:01.83

Women 80-84 50 Yard Backstroke

PNA: 50.74 % 2/5/2011 GLORIA TOLARO

NATL: 43.57 \$ 4/19/2009 BETTY LORENZI

1 Gladwell, Gail A 80 Bellevue Club 1:22.12

Women 80-84 100 Yard Backstroke

PNA: 2:00.88 % 5/20/2007 BERNICE PHILLIPS

NATL: 1:32.37 \$ 4/19/2009 BETTY LORENZI

1 Kavadas, Jan 80 North End Otters 2:34.99

1:16.21 1:18.78

Women 80-84 50 Yard Breaststroke

PNA: 55.89 % 4/13/2003 MURIEL FLYNN

NATL: 49.34 \$ 4/18/2010 NANETTE BOHL

1 Gladwell, Gail A 80 Bellevue Club 1:14.01

Women 80-84 100 Yard Breaststroke

PNA: 2:01.00 % 4/13/2003 MURIEL FLYNN

NATL: 1:51.91 \$ 11/7/2009 NANETTE BOHL

1 Kavadas, Jan 80 North End Otters 3:06.10

1:29.77 1:36.33

Women 80-84 100 Yard IM

PNA: 2:01.26 % 4/13/2003 MURIEL FLYNN

NATL: 1:44.34 \$ 4/19/2009 NANETTE BOHL

1 Gladwell, Gail A 80 Bellevue Club 2:47.42

1:23.62 1:23.80

Men 18-24 50 Yard Freestyle

PNA: 21.04 % 5/4/2008 BRIAN GOLDMAN

NATL: 19.69 \$ 5/23/2010 STEVE SCHEREN

1 Gevers, Gentry 19 Issaquah Swim Te 24.15

2 Williamson, Eric R 21 Hydropower Maste-35 24.36

3 Olden, Jaegger 18 Central Washing 24.90

4 Grigas, Garrett J 21 Western Washing 25.11

5 Johnson, Derek 18 Hydropower Maste-35 27.19

Men 18-24 100 Yard Freestyle

PNA: 47.77 % 4/10/2004 ELLIOTT KOLBE

NATL: 43.77 \$ 11/8/2009 ANDY GRANT

1 Romano, Guillermo S 21 Lake Washington 51.33

24.85 26.48

2 Johnson, Derek 18 Hydropower Maste-35 55.78

26.93 28.85

3 Semmons, Alex 19 Hydropower Maste-35 59.23

28.47 30.76

4 Halvorson, John T 21 Central Washing 59.24

27.56 31.68

5 Olden, Levi 21 Hydropower Maste-35 1:00.71

29.50 31.21

Men 18-24 200 Yard Freestyle

PNA: 1:44.59 % 4/10/2004 ELLIOTT KOLBE

NATL: 1:35.02 \$ 11/8/2009 ANDY GRANT

1 Peterson, Matthew A 21 Central Washing 2:01.42

27.06 30.76 31.22 32.38

2 Grigas, Garrett J 21 Western Washing 2:02.27

27.21 30.56 32.05 32.45

3 Olden, Jaegger 18 Central Washing 2:06.95

27.71 31.39 33.03 34.82

4 Alcantar, Eduardo 19 Western Washing 2:08.39

28.98 33.00 33.57 32.84

5 Olden, Levi 21 Hydropower Maste-35 2:13.67

29.92 33.08 35.65 35.02

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Men 18-24 500 Yard Freestyle

PNA: 4:49.97 % 5/20/2007 DAVID WHITBECK

NATL: 4:24.81 \$ 1/24/2010 ANDY GRANT

1	Romano, Guillermo S	21	Lake Washington	5:19.59
	28.30	31.55	32.29	31.48
	31.93	31.93	32.33	32.41
	33.73	33.64		
*2	Grigas, Garrett J	21	Western Washingt	5:29.88
	28.27	31.31	33.09	33.87
	33.78	34.18	34.54	34.42
	33.50	32.92		
*2	Olden, Levi	21	Hydropower Maste-35	6:13.53
	31.85	36.23	37.36	38.52
	39.09	39.01	38.66	39.44
	37.87	35.50		
3	Williamson, Eric R	21	Hydropower Maste-35	5:54.25
	29.76	34.50	36.11	36.19
	36.69	36.38	36.19	37.44
	36.59	34.40		
4	Halvorson, John T	21	Central Washingt	6:12.46
	31.74	35.98	37.79	38.42
	38.09	38.46	38.38	38.73
	38.62	36.25		

Men 18-24 50 Yard Backstroke

PNA: 24.54 % 4/11/2010 CHRIS CHAPMAN

NATL: 23.22 \$ 4/15/2007 C GIBSON

1	Gevers, Gentry	19	Issaquah Swim Te	27.57
2	Johnson, Derek	18	Hydropower Maste-35	29.09
3	Halvorson, John T	21	Central Washingt	36.48

Men 18-24 100 Yard Breaststroke

PNA: 59.63 % 4/10/2004 ELLIOTT KOLBE

NATL: 54.65 \$ 5/14/2006 GARY MARSHALL

1	Alcantar, Eduardo	19	Western Washingt	1:12.75
	34.61	38.14		
2	Olden, Levi	21	Hydropower Maste-35	1:17.34
	36.90	40.44		
3	Semmons, Alex	19	Hydropower Maste-35	1:20.08
	36.48	43.60		

Men 18-24 100 Yard Butterfly

PNA: 50.62 % 5/1/2011 CHRIS CHAPMAN

NATL: 47.93 \$ 2/13/2010 RUSSELL PAYNE

1	Romano, Guillermo S	21	Lake Washington	55.04
	26.11	28.93		
2	Gevers, Gentry	19	Issaquah Swim Te	58.85
	27.33	31.52		
3	Peterson, Matthew A	21	Central Washingt	1:00.60
	27.62	32.98		

Men 18-24 200 Yard Butterfly

PNA: 1:57.20 % 3/28/2009 EDDIE SWITAJ

NATL: 1:49.39 \$ 2/14/2010 RUSSELL PAYNE

1	Peterson, Matthew A	21	Central Washingt	2:14.20
	29.11	33.99	35.41	35.69

Men 18-24 100 Yard IM

PNA: 53.72 % 5/1/2011 CHRIS CHAPMAN

NATL: 50.14 \$ 2/18/2001 ROMAIN BARNIER

1	Williamson, Eric R	21	Hydropower Maste-35	1:04.10
	29.01	35.09		
2	Alcantar, Eduardo	19	Western Washingt	1:08.46
	33.42	35.04		

Men 18-24 200 Yard IM

PNA: 1:59.34 % 4/10/2011 BRYSON CHIU

NATL: 1:49.35 \$ 2/14/2010 RUSSELL PAYNE

1	Grigas, Garrett J	21	Western Washingt	2:17.99
	28.78	36.73	40.18	32.30
2	Alcantar, Eduardo	19	Western Washingt	2:29.71
	32.85	40.38	42.20	34.28

Men 18-24 400 Yard IM

PNA: 4:25.17 % 4/10/2005 ROBERT HOWELLS

NATL: 3:50.12 \$ 2/13/2010 RUSSELL PAYNE

1	Grigas, Garrett J	21	Western Washingt	5:01.17
	29.62	35.95	40.06	40.33
	43.37	44.32	34.12	33.40

Men 25-29 50 Yard Freestyle

PNA: 21.79 % 7/6/1991 CRAIG MALLERY

NATL: 18.67 \$ 2/13/2010 FRED BOUSQUET

1	Branham, Lucas	26	Unattached	22.86
2	Conroy, Chris	26	Lake Washington	24.00
3	Postetter, David E	25	Lake Washington	24.23
4	Pippin-Timco, Colin D	26	South Sound Mast-15	24.82
5	Kanev, Teodor	29	Mukilteo YMCA	25.31
6	Scott, Michael B	25	Lake Washington	29.44

Men 25-29 100 Yard Freestyle

PNA: 47.58 % 5/18/1997 PATON MCCLUNG

NATL: 42.58 \$ 4/18/2010 ANDY GRANT

1	Polucha, Steve	29	Lake Washington	51.12
	24.53	26.59		
2	Conroy, Chris	26	Lake Washington	51.87
	25.32	26.55		
3	Fahey, Sean P	26	Unattached	54.70
	26.80	27.90		
4	Kanev, Teodor	29	Mukilteo YMCA	57.41
	27.62	29.79		
5	Scott, Michael B	25	Lake Washington	1:07.03
	32.80	34.23		
6	Pablo, Hamber	25	Monroe YMCA Mast	1:07.11
	31.68	35.43		

Men 25-29 200 Yard Freestyle

PNA: 1:48.04 % 4/10/1988 MARK AMBERSON

NATL: 1:33.86 \$ 4/16/2010 ANDY GRANT

1	Yung, Cejih J	26	Lake Washington	1:50.82
	26.11	28.18	28.07	28.46
2	Polucha, Steve	29	Lake Washington	1:56.41
	26.56	28.46	29.87	31.52
3	Pippin-Timco, Colin D	26	South Sound Mast-15	2:02.05
	27.87	30.38	31.32	32.48

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4	Fahey, Sean P	26	Unattached	2:02.31
	28.42	31.45	32.11	30.33
5	Carlisle, Pat Attack! J	26	Ymcapkc Sound Aq	2:09.08
	31.41	33.74	32.52	31.41
6	Miller, Aaron C	28	Lake Washington	2:11.17
	29.64	32.36	34.43	34.74
7	Kanev, Teodor	29	Mukilteo YMCA	2:13.35
	30.56	33.37	35.57	33.85
8	Scott, Michael B	25	Lake Washington	2:31.54
	35.55	39.45	39.55	36.99

Men 25-29 500 Yard Freestyle

PNA: 4:53.40 % 4/9/1989 PETE COLBECK

NATL: 4:20.82 \$ 4/17/2010 ANDY GRANT

1	Fahey, Sean P	26	Unattached	5:32.47
	30.10	33.33	34.62	35.44
	34.77	34.28	34.28	33.63
	32.94	29.08		
2	Miller, Aaron C	28	Lake Washington	6:08.85
	32.16	35.74	36.90	37.24
	37.75	37.76	37.50	39.05
	37.96	36.79		

Men 25-29 50 Yard Backstroke

PNA: 25.07 % 10/19/1997 JON PAUOLE

NATL: 21.46 \$ 4/16/2010 ADAM MANIA

1	Robertson, Ryan J	25	Orca Swim Club	31.65
2	Pablo, Hamber	25	Monroe YMCA Mast	35.61

Men 25-29 100 Yard Backstroke

PNA: 53.34 % 10/19/1997 JON PAUOLE

NATL: 45.95 \$ 4/15/2010 ADAM MANIA

1	Fahey, Sean P	26	Unattached	1:09.83
	34.27	35.56		

Men 25-29 200 Yard Backstroke

PNA: 1:58.38 % 10/19/1997 JON PAUOLE

NATL: 1:48.47 \$ 4/30/1995 JOHN KEPPELER

1	Postetter, David E	25	Lake Washington	2:13.16
	30.79	33.32	35.02	34.03
2	Polucha, Steve	29	Lake Washington	2:15.40
	30.86	33.04	35.77	35.73

Men 25-29 50 Yard Breaststroke

PNA: 27.30 % 5/1/2011 JUSTIN MORIN

NATL: 23.87 \$ 5/21/2010 MARK GANGLOFF

1	Yung, Cejih J	26	Lake Washington	28.05
2	Conroy, Chris	26	Lake Washington	30.05
3	Pablo, Hamber	25	Monroe YMCA Mast	35.03
4	Robertson, Ryan J	25	Orca Swim Club	36.32

Men 25-29 100 Yard Breaststroke

PNA: 59.23 % 5/18/1987 JOHN BRYANT

NATL: 52.30 \$ 5/22/2010 MARK GANGLOFF

1	Yung, Cejih J	26	Lake Washington	1:01.57
	28.67	32.90		
2	Conroy, Chris	26	Lake Washington	1:05.70
	31.20	34.50		

3	Miller, Aaron C	28	Lake Washington	1:10.03
	33.15	36.88		
4	Carlisle, Pat Attack! J	26	Ymcapkc Sound Aq	1:15.08
	35.58	39.50		
5	Pablo, Hamber	25	Monroe YMCA Mast	1:18.23
	36.83	41.40		
6	Robertson, Ryan J	25	Orca Swim Club	1:19.92
	37.64	42.28		

Men 25-29 50 Yard Butterfly

PNA: 23.12 % 10/19/1997 JON PAUOLE

NATL: 21.15 \$ 4/25/2004 SABIR MUHAMMAD

1	Postetter, David E	25	Lake Washington	26.93
2	Pippin-Timco, Colin D	26	South Sound Mast-15	28.05

Men 25-29 200 Yard Butterfly

PNA: 1:59.30 % 6/1/1975 ALAN BELL

NATL: 1:47.62 \$ 5/20/2007 ERIK SCALISE

1	Carlisle, Pat Attack! J	26	Ymcapkc Sound Aq	2:49.59
	36.37	43.17	45.55	44.50

Men 25-29 100 Yard IM

PNA: 53.66 % 4/9/1995 JODY BRADEN

NATL: 48.27 \$ 2/13/2010 MARK GANGLOFF

1	Branham, Lucas	26	Unattached	58.22
	27.38	30.84		
2	Conroy, Chris	26	Lake Washington	1:00.49
	29.36	31.13		
3	Postetter, David E	25	Lake Washington	1:00.71
	27.87	32.84		
4	Carlisle, Pat Attack! J	26	Ymcapkc Sound Aq	1:07.15

Men 25-29 200 Yard IM

PNA: 1:59.23 % 4/9/1995 JODY BRADEN

NATL: 1:48.18 \$ 5/22/2010 MARK GANGLOFF

1	Polucha, Steve	29	Lake Washington	2:08.31
	28.54	32.51	37.99	29.27
2	Miller, Aaron C	28	Lake Washington	2:24.47
	29.82	38.41	40.59	35.65
3	Pablo, Hamber	25	Monroe YMCA Mast	2:46.73
	36.93	40.80	48.37	40.63

Men 25-29 400 Yard IM

PNA: 4:19.01 % 4/10/2004 BRENT NORDYKE

NATL: 3:52.43 \$ 5/20/2007 ERIK SCALISE

1	Carlisle, Pat Attack! J	26	Ymcapkc Sound Aq	5:19.70
	37.72	44.38	38.62	39.45
	44.35	43.94	36.45	34.79
2	Robertson, Ryan J	25	Orca Swim Club	5:23.42
	33.49	41.29	42.00	39.02
	47.80	48.56	37.04	34.22

Men 30-34 50 Yard Freestyle

PNA: 21.59 % 3/31/1985 DAVE HANNULA

NATL: 19.85 \$ 5/23/2010 LANCE ASTI

1	Williams, Eric M	32	Hydropower Maste-35	24.87
2	Simmons, Michael G	34	Unattached	28.09

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Men 30-34 100 Yard Freestyle

PNA: 45.85 % 4/11/2009 BRIAN WISNIEWSKI

NATL: 44.53 \$ 12/19/2004 MIKE PICOTTE

1	Brayman, Brook T	34	Blue Wave Aquati-36	53.45
				25.65 27.80
2	Adams, James A	34	Hydropower Maste-35	53.52
				25.55 27.97
3	Williams, Eric M	32	Hydropower Maste-35	56.52
				27.11 29.41

Men 30-34 50 Yard Backstroke

PNA: 25.31 % 4/10/2011 BRIAN WISNIEWSKI

NATL: 22.97 \$ 2/8/2009 DERYA BUYUKUNCU

1	Simmons, Michael G	34	Unattached	30.80
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Men 30-34 100 Yard Backstroke

PNA: 54.01 % 4/11/2009 BRIAN WISNIEWSKI

NATL: 50.21 \$ 5/24/1992 CLAY BRITT

1	Brayman, Brook T	34	Blue Wave Aquati-36	1:03.56
				31.42 32.14

Men 30-34 200 Yard Backstroke

PNA: 1:56.33 % 4/11/2009 BRIAN WISNIEWSKI

NATL: 1:48.04 \$ 5/10/2009 ERIK SCALISE

1	Adams, James A	34	Hydropower Maste-35	2:18.09
				31.70 35.19 36.07 35.13

Men 30-34 50 Yard Breaststroke

PNA: 26.78 % 4/29/1990 ROBERT JACKSON

NATL: 25.69 \$ 5/4/2008 JEFF COMMINGS

1	Simmons, Michael G	34	Unattached	31.41
2	Williams, Eric M	32	Hydropower Maste-35	31.62
3	Hartman, Robert W	34	Downtown/Bellvue	32.11

Men 30-34 100 Yard Breaststroke

PNA: 59.20 % 4/29/1990 ROBERT JACKSON

NATL: 55.85 \$ 5/20/2007 JEFF COMMINGS

1	Williams, Eric M	32	Hydropower Maste-35	1:10.21
				32.54 37.67
2	Brayman, Brook T	34	Blue Wave Aquati-36	1:10.48
				33.24 37.24

Men 30-34 50 Yard Butterfly

PNA: 23.34 % 4/29/1990 BRENT KRANTZ

NATL: 21.44 \$ 12/5/2009 ZSOLT GASPARG

1	Hartman, Robert W	34	Downtown/Bellvue	29.44
2	Potokar, Steven	34	Orca Swim Club	30.15

Men 30-34 100 Yard Butterfly

PNA: 52.28 % 4/5/1992 STEVE VELA

NATL: 47.77 \$ 5/21/2010 ZSOLT GASPARG

1	Adams, James A	34	Hydropower Maste-35	57.29
				26.88 30.41
2	Brayman, Brook T	34	Blue Wave Aquati-36	1:00.88
				28.49 32.39

Men 30-34 200 Yard Butterfly

PNA: 1:57.32 % 4/5/1992 STEVE VELA

NATL: 1:49.52 \$ 5/16/1994 PETER EGAN

1	Adams, James A	34	Hydropower Maste-35	2:07.67
				27.65 32.49 33.70 33.83

Men 30-34 100 Yard IM

PNA: 53.84 % 5/26/1984 DAVID HANNULA

NATL: 50.89 \$ 5/10/2009 ERIK SCALISE

1	Williams, Eric M	32	Hydropower Maste-35	1:03.56
				28.81 34.75
2	Hartman, Robert W	34	Downtown/Bellvue	1:06.07
				31.19 34.88

Men 30-34 200 Yard IM

PNA: 2:00.84 % 4/5/1992 STEVE VELA

NATL: 1:47.62 \$ 5/4/1997 RONALD KARNAUGH

1	Hartman, Robert W	34	Downtown/Bellvue	2:29.37
				32.30 40.84 41.28 34.95

Men 30-34 400 Yard IM

PNA: 4:17.68 % 4/23/1989 BRAD WILLIAMS

NATL: 3:53.81 \$ 5/4/1997 RONALD KARNAUGH

1	Adams, James A	34	Hydropower Maste-35	4:33.65
				27.13 31.67 37.48 36.68
				39.33 40.12 31.31 29.93
2	Brayman, Brook T	34	Blue Wave Aquati-36	4:47.32
				29.10 33.73 35.87 36.82
				41.81 42.78 34.50 32.71

Men 35-39 50 Yard Freestyle

PNA: 22.11 % 7/5/1997 CRAIG MALLERY

NATL: 20.14 \$ 5/4/2008 JOSH DAVIS

1	Urquhart, Mark J	37	Unattached	23.56
2	Rice, Kenneth A	37	South Sound Mast-15	23.70
3	Hale, Scot	35	Seattle Athletic-38	25.04
4	Tegeder, Joe	37	Husky Masters-39	26.89
5	Greisen, Doug A	39	Lake Washington	29.07
6	Dahl, James E	37	Skagit Valley Ma	30.63

Men 35-39 100 Yard Freestyle

PNA: 49.34 % 7/5/1997 CRAIG MALLERY

NATL: 44.24 \$ 4/20/2009 VLAD PYSHNENKO

1	Urquhart, Mark J	37	Unattached	51.68
				24.64 27.04
2	Alex, Casey K	39	Unattached	52.27
				25.17 27.10
3	Knittle, Brian D	38	Blue Wave Aquati-36	52.66
				24.84 27.82
4	Walker, Jon A	37	South Sound Mast-15	54.29
				26.01 28.28
5	Tegeder, Joe	37	Husky Masters-39	59.62
				28.80 30.82
6	Greisen, Doug A	39	Lake Washington	1:04.79
				31.95 32.84
7	Dahl, James E	37	Skagit Valley Ma	1:10.22
				34.14 36.08

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Men 35-39 200 Yard Freestyle

PNA: 1:49.31 % 5/10/2009 KIRK NELSON

NATL: 1:36.56 \$ 5/4/2008 JOSH DAVIS

1	Alex, Casey K	39	Unattached	1:55.34
	26.66	29.24	29.72	29.72
2	Walker, Jon A	37	South Sound Mast-15	1:56.77
	27.11	29.43	29.85	30.38
3	Urquhart, Mark J	37	Unattached	1:57.65
	26.78	30.16	29.65	31.06
4	Knittle, Brian D	38	Blue Wave Aquati-36	2:03.00
	26.98	31.09	31.88	33.05
5	Greisen, Doug A	39	Lake Washington	2:29.40
	32.63	36.32	38.82	41.63

Men 35-39 500 Yard Freestyle

PNA: 4:53.45 % 5/10/2009 KIRK NELSON

NATL: 4:33.97 \$ 5/17/2002 RONALD KARNAUGH

1	Jelen, Doug	38	Gold's Eastside	5:16.35
	29.18	31.94	32.44	32.70
	32.47	31.46	31.69	32.42
	31.34	30.71		
2	Tegeder, Joe	37	Husky Masters-39	6:36.45
	33.72	37.17	38.95	40.13
	41.15	40.96	42.03	41.82
	41.85	38.67		
3	Greisen, Doug A	39	Lake Washington	6:49.04
	35.66	38.56	39.89	42.00
	42.68	42.50	42.64	43.71
	43.24	38.16		

Men 35-39 100 Yard Backstroke

PNA: 53.58 % 5/18/2003 EDWARD WARDIAN

NATL: 49.12 \$ 5/4/2008 JOSH DAVIS

1	Urquhart, Mark J	37	Unattached	59.73
	28.78	30.95		

Men 35-39 50 Yard Breaststroke

PNA: 27.46 % 4/29/1990 RICK COLELLA

NATL: 25.35 \$ 5/21/2010 STEVE WEST

1	Hale, Scot	35	Seattle Athletic-38	31.19
2	Rice, Kenneth A	37	South Sound Mast-15	32.33

Men 35-39 200 Yard Breaststroke

PNA: 2:11.59 % 4/29/1990 RICK COLELLA

NATL: 1:59.23 \$ 12/16/2001 RON KARNAUGH

1	Jelen, Doug	38	Gold's Eastside	2:32.34
	35.62	39.38	38.74	38.60

Men 35-39 50 Yard Butterfly

PNA: 24.08 % 4/10/2004 AMON EMEKA

NATL: 22.30 \$ 4/21/2002 WADE KING

1	Jelen, Doug	38	Gold's Eastside	25.92
2	Rice, Kenneth A	37	South Sound Mast-15	26.48
3	Hale, Scot	35	Seattle Athletic-38	27.04

Men 35-39 100 Yard Butterfly

PNA: 52.45 % 5/18/1997 STEVEN VELA

NATL: 49.54 \$ 5/16/1999 PETER EGAN

1	Jelen, Doug	38	Gold's Eastside	57.25
	26.83	30.42		
2	Smith, Eric A	35	Mukilteo YMCA	1:01.25
	27.84	33.41		

Men 35-39 100 Yard IM

PNA: 55.68 % 4/29/1990 DAVID HANNULA

NATL: 50.06 \$ 5/4/2008 JOSH DAVIS

1	Hale, Scot	35	Seattle Athletic-38	1:01.71
	28.19	33.52		
2	Rice, Kenneth A	37	South Sound Mast-15	1:02.55
	28.52	34.03		
3	Smith, Eric A	35	Mukilteo YMCA	1:04.19
	29.94	34.25		
4	Tegeder, Joe	37	Husky Masters-39	1:12.30
	34.12	38.18		
5	Dahl, James E	37	Skagit Valley Ma	1:22.32
	39.40	42.92		

Men 35-39 200 Yard IM

PNA: 2:01.58 % 5/18/1997 DAVID SANTOS

NATL: 1:48.74 \$ 12/22/2002 RON KARNAUGH

1	Jelen, Doug	38	Gold's Eastside	2:14.16
	28.51	34.94	41.19	29.52

Men 40-44 50 Yard Freestyle

PNA: 22.63 % 5/20/2007 MATS NYGREN

NATL: 20.84 \$ 4/26/2009 MICHAEL ROSS

1	Urquhart, Scott A	40	Washington Athle-39	25.33
2	Smith, Bryan E	44	Lake Washington	25.78
3	Martin, Dan A	40	South Sound Mast-15	26.00
4	Gilmore, Robert D	41	Downtown/Bellevu	26.44
5	Hertrich, Joe R	40	Unattached	26.81
6	Thorson, Dan	41	Mukilteo YMCA	28.20
7	Marshall, David A	44	Unattached	29.40
8	Ness, Kerry	42	Skagit Valley Ma	34.00

Men 40-44 100 Yard Freestyle

PNA: 50.02 % 10/25/2008 JOHN KEPPELER

NATL: 45.35 \$ 5/4/2008 MICHAEL ROSS

1	Nelson, Kirk	41	Husky Masters-39	53.85
	26.15	27.70		
2	Martin, Dan A	40	South Sound Mast-15	56.95
	27.33	29.62		
3	Urquhart, Scott A	40	Washington Athle-39	57.41
	27.72	29.69		
4	Hertrich, Joe R	40	Unattached	59.49
	27.99	31.50		
5	Thorson, Dan	41	Mukilteo YMCA	1:02.87
	29.54	33.33		
6	Grimm, Mike L	43	Pro Sports Club	1:04.56
	31.57	32.99		
7	Marshall, David A	44	Unattached	1:05.11
	31.83	33.28		

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(Men 40-44 100 Yard Freestyle)

8	Martens, Michael S	43	South Sound Mast-15	1:33.88
	44.27		49.61	

Men 40-44 200 Yard Freestyle

PNA: 1:45.58 % 5/20/2007 MATS NYGREN

NATL: 1:38.94 \$ 5/4/2008 MICHAEL ROSS

1	Nelson, Kirk	41	Husky Masters-39	1:59.21
	28.12		30.51 30.88 29.70	
2	Martin, Dan A	40	South Sound Mast-15	2:08.57
	29.00		32.43 33.12 34.02	
3	Urquhart, Scott A	40	Washington Athle-39	2:14.22
	30.93		33.53 34.58 35.18	
4	Hertrich, Joe R	40	Unattached	2:20.01
	29.48		34.24 38.14 38.15	
5	Thorson, Dan	41	Mukilteo YMCA	2:21.10
	31.90		34.23 36.53 38.44	
6	Marshall, David A	44	Unattached	2:28.88
	33.44		36.26 39.38 39.80	

Men 40-44 500 Yard Freestyle

PNA: 4:47.89 % 5/20/2007 MATS NYGREN

NATL: 4:39.86 \$ 5/8/2010 ALEX KOSTICH

1	Marshall, David A	44	Unattached	7:15.05
	38.27		41.70 44.26 44.90	
	44.84		44.64 44.35 46.64	
	44.88		40.57	

Men 40-44 50 Yard Backstroke

PNA: 25.38 % 4/10/2011 JOHN KEPPELER

NATL: 22.77 \$ 4/26/2009 MICHAEL ROSS

1	Smith, Bryan E	44	Lake Washington	30.54
2	Hertrich, Joe R	40	Unattached	32.28

Men 40-44 100 Yard Backstroke

PNA: 54.04 % 4/10/2011 JOHN KEPPELER

NATL: 48.49 \$ 4/26/2009 MICHAEL ROSS

1	Schutte, Tom F	42	Greenlake Aquadu	1:05.71
	31.64		34.07	

Men 40-44 200 Yard Backstroke

PNA: 1:58.09 % 4/10/2011 JOHN KEPPELER

NATL: 1:50.09 \$ 5/4/2008 MICHAEL ROSS

1	Schutte, Tom F	42	Greenlake Aquadu	2:18.87
	32.46		35.17 36.14 35.10	

Men 40-44 50 Yard Breaststroke

PNA: 27.42 % 4/9/2000 ROBERT JACKSON

NATL: 25.84 \$ 5/18/2003 GREG RHODENBAUGH

1	Gilmore, Robert D	41	Downtown/Bellvu	32.99
2	Van Pelt, Darren	42	Lake Washington	36.34
3	Ness, Kerry	42	Skagit Valley Ma	40.12
4	Martens, Michael S	43	South Sound Mast-15	51.75

Men 40-44 100 Yard Breaststroke

PNA: 59.95 % 4/9/2000 ROBERT JACKSON

NATL: 57.04 \$ 5/18/2003 WALLY DICKS

1	Doherty, Todd S	40	Bellevue Club	1:05.37
	31.08		34.29	

2	Winter, Doug	42	Newport Hills Ma	1:10.00
	33.09		36.91	

3	Schutte, Tom F	42	Greenlake Aquadu	1:10.88
	33.11		37.77	

4	Gilmore, Robert D	41	Downtown/Bellvu	1:15.74
	35.42		40.32	

5	Van Pelt, Darren	42	Lake Washington	1:20.85
	38.32		42.53	

6	Ness, Kerry	42	Skagit Valley Ma	1:30.57
	42.94		47.63	

Men 40-44 200 Yard Breaststroke

PNA: 2:12.85 % 4/5/1992 RICK COLELLA

NATL: 2:03.37 \$ 4/19/2009 ROQUE SANTOS

1	Doherty, Todd S	40	Bellevue Club	2:25.27
	33.56		37.45 37.21 37.05	

2	Schutte, Tom F	42	Greenlake Aquadu	2:37.65
	35.42		40.22 40.55 41.46	

Men 40-44 50 Yard Butterfly

PNA: 24.04 % 5/17/2002 DAVID MCALPINE

NATL: 22.61 \$ 4/26/2009 MICHAEL ROSS

1	Smith, Bryan E	44	Lake Washington	28.13
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---	Martens, Michael S	43	South Sound Mast-15	DQ
	Arms underwater recovery			

Men 40-44 100 Yard Butterfly

PNA: 53.19 % 4/14/2002 DAVID MCALPINE

NATL: 49.27 \$ 5/4/2008 MICHAEL ROSS

1	Doherty, Todd S	40	Bellevue Club	56.76
	26.82		29.94	

Men 40-44 200 Yard Butterfly

PNA: 2:03.02 % 4/25/1993 RICK COLELLA

NATL: 1:50.61 \$ 4/14/2002 DENNIS BAKER

1	Winter, Doug	42	Newport Hills Ma	2:29.68
	31.05		38.54 40.03 40.06	

Men 40-44 100 Yard IM

PNA: 55.24 % 4/10/2011 ROY BERG

NATL: 51.85 \$ 5/23/2010 MICHAEL ROSS

1	Martin, Dan A	40	South Sound Mast-15	1:07.52
	32.65		34.87	

2	Thorson, Dan	41	Mukilteo YMCA	1:13.02
	33.84		39.18	

3	Grimm, Mike L	43	Pro Sports Club	1:13.73
	35.29		38.44	

4	Ness, Kerry	42	Skagit Valley Ma	1:22.66
	39.95		42.71	

5	Martens, Michael S	43	South Sound Mast-15	1:53.52
	51.67		1:01.85	

---	Gilmore, Robert D	41	Downtown/Bellvu	DQ
	Shoulders past vertical toward breast - back			
	30.66		35.41	

Men 40-44 200 Yard IM

PNA: 2:01.45 % 5/20/2001 DAVID SANTOS

NATL: 1:51.85 \$ 4/26/2009 MICHAEL ROSS

1	Doherty, Todd S	40	Bellevue Club	2:10.87
	28.35		35.06 37.03 30.43	

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(Men 40-44 200 Yard IM)

2	Nelson, Kirk	41	Husky Masters-39	2:15.66
	29.20	36.08	39.93 30.45	
3	Schutte, Tom F	42	Greenlake Aquadu	2:23.28
	29.46	37.29	41.04 35.49	
4	Martens, Michael S	43	South Sound Mast-15	4:14.49
	53.70	1:10.44	1:16.41 53.94	

Men 40-44 400 Yard IM

PNA: 4:22.20 % 5/20/2001 DAVID SANTOS				
NATL: 4:01.87 \$ 4/19/2009 ROQUE SANTOS				
1	Nelson, Kirk	41	Husky Masters-39	4:48.40
	30.45	34.53	38.58 37.37	
	41.46	41.88	33.23 30.90	
2	Winter, Doug	42	Newport Hills Ma	5:06.41
	29.40	36.01	41.51 41.20	
	42.29	43.74	36.59 35.67	

Men 45-49 50 Yard Freestyle

PNA: 22.50 % 5/20/2007 BRAD HERING				
NATL: 21.06 \$ 5/21/2010 RICHARD HUGHEY				
1	Porter, Mike	45	Lake Washington	25.34
2	Dickson, Bruce L	47	Unattached	25.47
3	Florsheim, Alan G	45	Downtown/Bellvu	25.89
4	Morlan, Garvin N	47	Unattached	26.01
5	Strausbaugh, Jeff	49	Gold Creek Maste	27.63
6	Jas, Daniel P	46	Gold's Aquatics	32.80
7	Harai, Michael H	48	Monroe YMCA Mast	35.92

Men 45-49 100 Yard Freestyle

PNA: 50.55 % 4/15/2007 BRAD HERING				
NATL: 46.46 \$ 5/22/2010 DAVID SIMS				
1	Florsheim, Alan G	45	Downtown/Bellvu	57.48
	27.26	30.22		
2	Morlan, Garvin N	47	Unattached	57.64
	28.17	29.47		
3	Dickson, Bruce L	47	Unattached	58.57
	28.23	30.34		
4	Strausbaugh, Jeff	49	Gold Creek Maste	1:02.28
	30.23	32.05		
5	Jas, Daniel P	46	Gold's Aquatics	1:12.82
	33.78	39.04		
6	Harai, Michael H	48	Monroe YMCA Mast	1:17.83
	37.25	40.58		

Men 45-49 200 Yard Freestyle

PNA: 1:50.19 % 5/20/2007 PETE COLBECK				
NATL: 1:41.69 \$ 5/21/2010 DAVID SIMS				
1	Larson, Dan E	45	Monroe YMCA Mast	2:04.98
	28.59	31.35	32.16 32.88	
2	Praeger, Wade N	49	Lake Washington	2:05.79
	29.58	32.00	32.73 31.48	

Men 45-49 500 Yard Freestyle

PNA: 4:57.65 % 5/20/2001 STEVE SUSSEX				
NATL: 4:39.10 \$ 5/20/2007 DENNIS BAKER				
1	Praeger, Wade N	49	Lake Washington	5:43.07
	30.41	33.63	34.72 35.06	
	35.08	35.32	35.32 35.20	
	34.67	33.66		

Men 45-49 50 Yard Backstroke

PNA: 26.15 % 5/20/2007 BRAD HERING				
NATL: 24.28 \$ 5/22/2010 CHRIS STEVENSON				
1	Dodds, Joel L	49	Mukilteo YMCA	27.63
2	Mraz, Oscar R	48	Seattle Athletic-38	32.53
3	Nomicos, Gene	45	Unattached	43.18
4	Harai, Michael H	48	Monroe YMCA Mast	45.65

Men 45-49 100 Yard Backstroke

PNA: 58.80 % 5/20/2007 PAUL OLLIGES				
NATL: 51.74 \$ 3/6/2010 CHRIS STEVENSON				
1	Dodds, Joel L	49	Mukilteo YMCA	59.00
	28.36	30.64		

Men 45-49 200 Yard Backstroke

PNA: 2:05.49 % 5/10/2009 LYLE NALLI				
NATL: 1:55.05 \$ 3/7/2010 CHRIS STEVENSON				
1	Dodds, Joel L	49	Mukilteo YMCA	2:15.32
	33.87	35.58	32.91 32.96	

Men 45-49 50 Yard Breaststroke

PNA: 28.80 % 5/20/2007 JON BACA				
NATL: 26.58 \$ 12/20/2008 WALLY DICKS				
1	Dickson, Bruce L	47	Unattached	32.66
2	Florsheim, Alan G	45	Downtown/Bellvu	33.35
3	Strausbaugh, Jeff	49	Gold Creek Maste	37.57
4	Harai, Michael H	48	Monroe YMCA Mast	40.65

Men 45-49 100 Yard Breaststroke

PNA: 1:03.04 % 5/18/1997 RICK COLELLA				
NATL: 57.87 \$ 4/19/2009 CHRIS WEISSMAN				
1	Harai, Michael H	48	Monroe YMCA Mast	1:28.49
	40.89	47.60		

Men 45-49 50 Yard Butterfly

PNA: 23.89 % 5/20/2007 BRAD HERING				
NATL: 22.67 \$ 5/4/2008 PAUL SMITH				
1	Dickson, Bruce L	47	Unattached	27.54
2	Porter, Mike	45	Lake Washington	28.04
3	Martin, Rob D	46	Lake Washington	29.42
4	Larson, Dan E	45	Monroe YMCA Mast	30.11
5	Mraz, Oscar R	48	Seattle Athletic-38	30.42
6	Strausbaugh, Jeff	49	Gold Creek Maste	33.29

Men 45-49 100 Yard Butterfly

PNA: 53.95 % 5/20/2007 BRAD HERING				
NATL: 50.90 \$ 5/21/2010 DAVID SIMS				
1	Porter, Mike	45	Lake Washington	1:04.08
	29.38	34.70		
2	Martin, Rob D	46	Lake Washington	1:05.70
	30.91	34.79		

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3	Morlan, Garvin N	47	Unattached	1:08.86
	31.72	37.14		

Men 45-49 100 Yard IM

PNA: 56.11 % 5/20/2007 BRAD HERING
NATL: 52.14 \$ 5/23/2010 RICHARD HUGHEY

1	Dodds, Joel L	49	Mukilteo YMCA	1:00.89
	27.66	33.23		
2	Porter, Mike	45	Lake Washington	1:03.41
	29.57	33.84		
3	Dickson, Bruce L	47	Unattached	1:04.66
	30.20	34.46		
4	Florsheim, Alan G	45	Downtown/Bellvu	1:05.57
	30.03	35.54		
5	Martin, Rob D	46	Lake Washington	1:09.06
	31.45	37.61		

Men 45-49 200 Yard IM

PNA: 2:08.36 % 5/20/2001 STEVE SUSSEX
NATL: 1:58.20 \$ 5/22/2010 ANDERS RASMUSSEN

1	Porter, Mike	45	Lake Washington	2:23.80
	29.91	38.86	42.47	32.56
2	Larson, Dan E	45	Monroe YMCA Mast	2:32.49
	32.06	38.73	47.40	34.30

Men 45-49 400 Yard IM

PNA: 4:26.93 % 5/18/1997 RICK COLELLA
NATL: 4:14.17 \$ 5/21/2010 DENNIS BAKER

1	Larson, Dan E	45	Monroe YMCA Mast	5:30.01
	32.53	38.42	1:24.79	52.45
	50.81	36.07	34.63	0.31

Men 50-54 50 Yard Freestyle

PNA: 22.10 % 4/10/2011 NED STACK
NATL: 21.38 \$ 5/10/2009 AMBROSE GAINES

1	Stack, Ned	52	Lake Washington	22.95
2	Orr, Jay W	53	Lake Washington	25.82
3	Powell, Frank R	51	Unattached	27.26
4	Tupper, Rick G	54	Lake Washington	27.44

Men 50-54 100 Yard Freestyle

PNA: 49.67 % 4/10/2011 NED STACK
NATL: 46.59 \$ 5/10/2009 AMBROSE GAINES

1	Stack, Ned	52	Lake Washington	52.41
	25.28	27.13		
2	Orr, Jay W	53	Lake Washington	57.72
	27.43	30.29		
3	Tupper, Rick G	54	Lake Washington	1:00.77
	29.13	31.64		
4	Mullins, Mark F	53	Unattached	1:10.26
	34.36	35.90		

Men 50-54 200 Yard Freestyle

PNA: 1:54.55 % 5/18/2003 SCOTT LAUTMAN
NATL: 1:43.76 \$ 5/10/2009 AMBROSE GAINES

1	Powell, Frank R	51	Unattached	2:18.46
	29.49	34.02	37.60	37.35

Men 50-54 50 Yard Backstroke

PNA: 27.46 % 5/4/2008 MIKE MCGOORTY
NATL: 25.52 \$ 5/22/2010 RICHARD KAMMERER

1	Portelance, Doug A	53	Lake Washington	28.38
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Men 50-54 100 Yard Backstroke

PNA: 1:00.09 % 4/10/2011 DOUG PORTELANCE
NATL: 55.80 \$ 5/23/2010 RICHARD KAMMERER

1	Portelance, Doug A	53	Lake Washington	1:00.60
	30.41	30.19		
2	Pearson, Jay D	50	Lake Washington	1:11.17
	35.42	35.75		
3	Powell, Frank R	51	Unattached	1:12.92
	35.83	37.09		

Men 50-54 200 Yard Backstroke

PNA: 2:08.27 % 5/7/2010 LYLE NALLI
NATL: 2:01.39 \$ 4/11/2010 LINCOLN DJANG

1	Portelance, Doug A	53	Lake Washington	2:13.57
	32.28	33.66	34.77	32.86
2	Pearson, Jay D	50	Lake Washington	2:29.56
	35.97	38.52	38.51	36.56
3	Powell, Frank R	51	Unattached	2:43.17
	38.28	41.34	42.26	41.29

Men 50-54 50 Yard Breaststroke

PNA: 29.94 % 4/9/2006 CHRIS LAUTMAN
NATL: 26.98 \$ 5/21/2010 HOLDEN BANK

1	Tupper, Rick G	54	Lake Washington	36.25
2	Ikeda, Paul	52	Orca Swim Club	39.17
3	Mullins, Mark F	53	Unattached	39.70

Men 50-54 100 Yard Breaststroke

PNA: 1:08.04 % 4/9/2006 CHRIS LAUTMAN
NATL: 59.94 \$ 5/22/2010 JON BLANK

1	Pearson, Jay D	50	Lake Washington	1:15.80
	35.97	39.83		
2	Timmons, Jack	51	Downtown/Bellvu	1:22.81
	38.67	44.14		

Men 50-54 200 Yard Breaststroke

PNA: 2:25.52 % 5/9/2010 LYLE NALLI
NATL: 2:13.77 \$ 5/23/2010 JON BLANK

1	Pearson, Jay D	50	Lake Washington	2:47.85
	38.41	43.87	43.96	41.61
2	Timmons, Jack	51	Downtown/Bellvu	3:03.19
	40.29	44.25	48.08	50.57

Men 50-54 100 Yard Butterfly

PNA: 54.71 % 4/25/2004 SCOTT LAUTMAN
NATL: 51.93 \$ 4/13/2008 PAUL CARTER

1	Stack, Ned	52	Lake Washington	1:00.21
	27.93	32.28		

Men 50-54 100 Yard IM

PNA: 57.99 % 4/15/2007 DONALD GRAHAM
NATL: 55.42 \$ 5/10/2009 JACK GROSELLE

1	Orr, Jay W	53	Lake Washington	1:09.15
	30.54	38.61		

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(Men 50-54 100 Yard IM)

2	Mullins, Mark F	53	Unattached	1:23.41
	40.93		42.48	

Men 50-54 200 Yard IM

PNA: 2:09.22 % 5/9/2010 LYLE NALLI
NATL: 2:00.82 \$ 5/10/2009 KEN SHILLING

1	Orr, Jay W	53	Lake Washington	2:39.44
	31.60		40.33 50.16 37.35	

Men 50-54 400 Yard IM

PNA: 4:40.03 % 5/23/2010 LYLE A NALLI
NATL: 4:23.94 \$ 5/10/2009 MICHAEL MANN

1	Portelance, Doug A	53	Lake Washington	5:01.82
	32.11		37.03 39.11 37.77	
	43.91		43.67 35.52 32.70	
2	Orr, Jay W	53	Lake Washington	5:35.44
	31.36		38.27 42.55 42.89	
	51.66		51.34 39.08 38.29	

Men 55-59 50 Yard Freestyle

PNA: 23.58 % 4/10/2011 DAVID HANNULA
NATL: 21.82 \$ 4/30/2000 RICHARD ABRAHAMS

1	Busch, Ralph T	55	Lake Washington	25.17
2	Kendrick, Jim A	59	Skagit Valley Ma	25.68
3	Morrison, Jeffrey W	57	Thunderbird Aqua	28.55

Men 55-59 100 Yard Freestyle

PNA: 53.13 % 5/7/2010 DONALD GRAHAM
NATL: 48.37 \$ 4/30/2000 RICHARD ABRAHAMS

1	Kendrick, Jim A	59	Skagit Valley Ma	56.82
	27.06		29.76	
2	Cardwell, Alan D	59	Lake Washington	56.93
	27.94		28.99	
3	Busch, Ralph T	55	Lake Washington	57.79
	26.98		30.81	
4	Morrison, Jeffrey W	57	Thunderbird Aqua	1:02.79
	29.78		33.01	
5	Bryan, Bret L	55	South Sound Mast-15	1:03.34
	29.60		33.74	
6	Waterbury, Chip	57	Orca Swim Club	1:25.47
	41.58		43.89	

Men 55-59 200 Yard Freestyle

PNA: 1:58.78 % 5/10/2009 ALAN BELL
NATL: 1:48.79 \$ 4/10/2010 MICHAEL MANN

1	Cardwell, Alan D	59	Lake Washington	2:04.48
	30.03		31.73 32.15 30.57	
2	Kendrick, Jim A	59	Skagit Valley Ma	2:11.55
	29.76		32.86 34.30 34.63	
3	Underbrink, Dan	55	Monroe YMCA Mast	2:26.13
	32.64		37.41 39.42 36.66	
4	Morrison, Jeffrey W	57	Thunderbird Aqua	2:26.72
	34.00		36.92 38.75 37.05	

Men 55-59 500 Yard Freestyle

PNA: 5:01.88 % 8/6/2009 RICK COLELLA
NATL: 4:56.82 \$ 4/11/2010 MICHAEL MANN

1	Kendrick, Jim A	59	Skagit Valley Ma	6:12.83
	34.10		36.40 37.69 38.34	
	38.61		37.84 38.01 38.12	
	37.35		36.37	
2	Underbrink, Dan	55	Monroe YMCA Mast	6:34.63
	33.48		38.96 39.57 40.87	
	41.26		40.35 40.91 40.02	
	40.95		38.26	

Men 55-59 50 Yard Backstroke

PNA: 28.05 % 5/23/2010 DONALD GRAHAM
NATL: 26.42 \$ 5/22/2010 PHILLIP DJANG

1	Bryan, Bret L	55	South Sound Mast-15	41.59
2	Waterbury, Chip	57	Orca Swim Club	47.44

Men 55-59 100 Yard Backstroke

PNA: 1:01.56 % 5/18/1997 STEVEN THRASHER
NATL: 57.34 \$ 4/19/2009 GEOFF MYKLEBY

1	Underbrink, Dan	55	Monroe YMCA Mast	1:19.38
	38.94		40.44	
2	Bryan, Bret L	55	South Sound Mast-15	1:28.57
	43.35		45.22	

Men 55-59 200 Yard Backstroke

PNA: 2:16.60 % 5/18/1997 STEVEN THRASHER
NATL: 2:05.90 \$ 5/21/2010 PHILIPP DJANG

1	Underbrink, Dan	55	Monroe YMCA Mast	2:55.06
	40.63		44.20 46.03 44.20	

Men 55-59 50 Yard Breaststroke

PNA: 28.74 % 5/4/2008 RICK COLELLA
NATL: 27.81 \$ 5/4/2008 TIMOTHY SHEAD

1	Busch, Ralph T	55	Lake Washington	32.87
2	Underbrink, Dan	55	Monroe YMCA Mast	37.84

Men 55-59 50 Yard Butterfly

PNA: 24.78 % 5/23/2010 DONALD GRAHAM
NATL: 24.16 \$ 3/25/2007 GREG SHAW

1	Cardwell, Alan D	59	Lake Washington	28.34
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Men 55-59 100 Yard Butterfly

PNA: 56.14 % 5/4/2008 SCOTT LAUTMAN
NATL: 54.09 \$ 3/29/2009 GREG SHAW

1	Cardwell, Alan D	59	Lake Washington	1:01.77
	28.92		32.85	

Men 55-59 100 Yard IM

PNA: 58.64 % 5/4/2008 RICK COLELLA
NATL: 56.20 \$ 5/4/2008 TIMOTHY SHEAD

1	Morrison, Jeffrey W	57	Thunderbird Aqua	1:17.89
	37.03		40.86	

Men 60-64 50 Yard Freestyle

PNA: 24.89 % 5/23/2010 ALAN BELL
NATL: 22.30 \$ 5/22/2005 RICHARD ABRAHAMS

1	Wright, Larry E	63	Newport Hills Ma	27.09
2	Voegtlen, Barney	62	Bainbridge Aquat-38	29.20

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3 Burge, John 61 Husky Masters-39 32.03

Men 60-64 100 Yard Freestyle

PNA: 56.66 % 4/11/2010 JAMES MCCLEERY

NATL: 49.14 \$ 5/22/2005 RICHARD ABRAHAMS

1	Warner, Frank	63	Old Olympic Peni	1:01.73
				29.35 32.38
2	Voegtlen, Barney	62	Bainbridge Aquat-38	1:05.15
				31.19 33.96

Men 60-64 200 Yard Freestyle

PNA: 1:56.73 % 5/23/2010 ALAN BELL

NATL: 1:54.14 \$ 3/29/2009 FRED SCHLICHER

1	Colella, Rick	60	Lake Washington	1:54.45%
				27.66 28.65 29.18 28.96
2	Warner, Frank	63	Old Olympic Peni	2:19.14
				31.38 34.98 36.45 36.33

Men 60-64 500 Yard Freestyle

PNA: 5:17.25 % 5/23/2010 ALAN BELL

NATL: 5:13.68 \$ 5/22/2010 JIM CLEMMONS

1	Colella, Rick	60	Lake Washington	5:11.70\$
				29.68 32.32 32.38 32.02
				31.64 31.04 30.79 30.69
				31.00 30.14
2	Burge, John	61	Husky Masters-39	6:52.19
				1:24.91 4:11.00

Men 60-64 50 Yard Backstroke

PNA: 29.59 % 4/14/2002 GARY CHASE

NATL: 26.82 \$ 5/4/2008 HUGH WILDER

1	Warner, Frank	63	Old Olympic Peni	33.01
2	Walker, Thomas W	64	Team Columbia At-31	46.24

Men 60-64 100 Yard Backstroke

PNA: 1:05.12 % 4/14/2002 GARY CHASE

NATL: 59.29 \$ 5/4/2008 HUGH WILDER

1	Walker, Thomas W	64	Team Columbia At-31	1:41.24
				50.44 50.80

Men 60-64 200 Yard Backstroke

PNA: 2:16.70 % 5/23/2010 ALAN BELL

NATL: 2:13.13 \$ 5/10/2009 TIM BIRNIE

1	Walker, Thomas W	64	Team Columbia At-31	3:40.35
				52.55 58.01 57.84 51.95

Men 60-64 50 Yard Breaststroke

PNA: 31.76 % 5/24/1992 AULIS KAHKONEN

NATL: 29.32 \$ 5/14/2006 ROBERT STRAND

1	Wright, Larry E	63	Newport Hills Ma	34.77
2	Voegtlen, Barney	62	Bainbridge Aquat-38	39.18

Men 60-64 100 Yard Breaststroke

PNA: 1:12.24 % 5/24/1992 AULIS KAHKONEN

NATL: 1:05.17 \$ 5/22/2010 ROBERT STRAND

1	Colella, Rick	60	Lake Washington	1:05.45%
				30.74 34.71

Men 60-64 50 Yard Butterfly

PNA: 27.23 % 4/10/2011 LARRY WRIGHT

NATL: 24.46 \$ 5/22/2005 RICHARD ABRAHAMS

1	Wright, Larry E	63	Newport Hills Ma	28.34
2	Burge, John	61	Husky Masters-39	40.22

Men 60-64 100 Yard Butterfly

PNA: 58.83 % 5/23/2010 ALAN BELL

NATL: 54.92 \$ 5/22/2005 RICHARD ABRAHAMS

1	Burge, John	61	Husky Masters-39	1:29.35
				40.08 49.27

Men 60-64 100 Yard IM

PNA: 1:05.75 % 5/17/2002 GARY CHASE

NATL: 59.18 \$ 4/17/2010 GEORGE SCHMIDT

1	Wright, Larry E	63	Newport Hills Ma	1:07.93
				31.80 36.13
2	Voegtlen, Barney	62	Bainbridge Aquat-38	1:18.29
				34.95 43.34
3	Burge, John	61	Husky Masters-39	1:31.16
				43.77 47.39

Men 60-64 200 Yard IM

PNA: 2:26.23 % 5/14/2006 MICHAEL MCCOLLY

NATL: 2:12.14 \$ 4/17/2010 GEORGE SCHMIDT

1	Colella, Rick	60	Lake Washington	2:08.77\$
				28.49 34.87 35.96 29.45

Men 60-64 400 Yard IM

PNA: 5:10.16 % 5/14/2006 MICHAEL MCCOLLY

NATL: 4:45.65 \$ 5/21/2010 JIM CLEMMONS

1	Colella, Rick	60	Lake Washington	4:34.65\$
				28.88 34.07 37.44 37.25
				36.26 37.97 31.97 30.81
2	Walker, Thomas W	64	Team Columbia At-31	8:15.55
				1:00.71 1:06.39 1:00.60 57.91
				1:13.60 1:12.05 55.22 49.07

Men 65-69 200 Yard Freestyle

PNA: 2:18.01 % 5/16/1994 BOB MILLER

NATL: 1:57.54 \$ 5/21/2010 RICHARD ABRAHAMS

1	Smith, William R	66	South Sound Mast-15	2:52.75
				39.53 42.59 45.21 45.42

Men 65-69 50 Yard Backstroke

PNA: 30.93 % 3/6/2005 GARY CHASE

NATL: 27.74 \$ 5/23/2010 RICHARD ABRAHAMS

1	McKinlay, Michael	68	Downtown/Bellevu	52.80
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Men 65-69 100 Yard Backstroke

PNA: 1:06.01 % 3/6/2005 GARY CHASE

NATL: 1:01.04 \$ 5/10/2009 RICHARD BURNS

1	McKinlay, Michael	68	Downtown/Bellevu	1:57.80
				55.73 1:02.07

Men 65-69 200 Yard Backstroke

PNA: 2:26.45 % 5/1/2011 MICHAEL MCCOLLY

NATL: 2:18.14 \$ 5/10/2009 RICHARD BURNS

1	McKinlay, Michael	68	Downtown/Bellevu	4:15.97
				57.90 1:08.86 2:09.45

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Men 65-69 50 Yard Breaststroke

PNA: 32.91 % 5/18/1997 NICK TEMPLEMAN

NATL: 30.66 \$ 5/10/2009 PETER ANDERSEN

1	Peterson, Steve B	65	Old Olympic Peni	36.29
2	McKinlay, Michael	68	Downtown/Bellevu	1:13.67

Men 65-69 100 Yard Breaststroke

PNA: 1:13.78 % 5/18/1997 NICK TEMPLEMAN

NATL: 1:08.19 \$ 5/10/2009 DAVID GILDEA

1	Peterson, Steve B	65	Old Olympic Peni	1:20.37
				38.78 41.59
2	Smith, William R	66	South Sound Mast-15	1:38.68
				45.82 52.86

Men 65-69 200 Yard Breaststroke

PNA: 2:47.50 % 5/18/1997 NICK TEMPLEMAN

NATL: 2:35.32 \$ 5/23/2010 KENNETH FROST

1	Peterson, Steve B	65	Old Olympic Peni	2:52.97
				40.60 43.98 45.23 43.16
2	Smith, William R	66	South Sound Mast-15	3:34.59
				47.68 53.30 56.74 56.87

Men 65-69 200 Yard IM

PNA: 2:30.73 % 5/1/2011 MICHAEL MCCOLLY

NATL: 2:20.31 \$ 5/22/2010 RICHARD BURNS

1	Peterson, Steve B	65	Old Olympic Peni	2:45.54
				37.82 36.14

Men 70-74 50 Yard Freestyle

PNA: 28.52 % 4/29/1990 ANDREW HOLDEN

NATL: 24.13 \$ 5/4/2008 JEFF FARRELL

1	Thomas, Nate	74	Zen Masters-59	41.14
2	Summers, David A	72	Unattached	47.04

Men 70-74 100 Yard Freestyle

PNA: 1:04.65 % 4/29/1990 ANDREW HOLDEN

NATL: 56.05 \$ 5/4/2008 JEFF FARRELL

1	Thomas, Nate	74	Zen Masters-59	1:37.85
				46.41 51.44

Men 70-74 200 Yard Freestyle

PNA: 2:17.86 % 5/16/1999 ROBERT MILLER

NATL: 2:09.57 \$ 5/20/2001 GRAHAM JOHNSTON

1	Thomas, Nate	74	Zen Masters-59	3:31.14
				46.10 54.24 55.77 55.03

Men 70-74 50 Yard Breaststroke

PNA: 37.15 % 5/20/2001 THOMAS TAYLOR

NATL: 33.19 \$ 4/22/2001 JOHN KORTHEUER

1	Truong, Dominique	73	Unattached	43.14
2	Summers, David A	72	Unattached	53.25

Men 70-74 100 Yard Breaststroke

PNA: 1:24.31 % 5/20/2001 THOMAS TAYLOR

NATL: 1:15.24 \$ 4/22/2001 JOHN KORTHEUER

1	Summers, David A	72	Unattached	2:12.90
				1:02.24 1:10.66

Men 75-79 50 Yard Backstroke

PNA: 37.32 % 5/20/2007 BOB MILLER

NATL: 32.11 \$ 4/19/2009 YOSHI OYAKAWA

1	Ellingson, Don	79	Ymcapkc Sound Aq	1:20.04
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Men 75-79 100 Yard Backstroke

PNA: 1:19.83 % 5/20/2007 BOB MILLER

NATL: 1:08.55 \$ 4/19/2009 BURWELL JONES

1	Ellingson, Don	79	Ymcapkc Sound Aq	3:08.82
				1:29.69 1:39.13

Men 75-79 200 Yard Backstroke

PNA: 2:49.46 % 5/20/2007 BOB MILLER

NATL: 2:31.41 \$ 4/17/2010 BURWELL JONES

1	Ellingson, Don	79	Ymcapkc Sound Aq	6:07.63
				1:22.81 1:36.23 3:08.59

Women 18+ 400 Yard Freestyle Relay

PNA: 4:40.65 % 2/18/1995 PNA

E FORNEY, S DICKERMAN, S NESS, R HAINES

NATL: 3:38.39 \$ 3/29/2009 RED TIDE NYC

K MOUGHTY, T SHPAIZER, S WAGER, K GARY

1	Lake Washington	F		3:59.23%
	1) Hall, Tina K W37	2) Matlock, Shannon L W34		
	3) Patashnik, Maxima G W25	4) Dinkel, Paloma W23		
			28.93 1:01.76 27.94 58.35	
			30.88 1:05.78 25.67 53.34	
2	Lake Washington	G		4:11.79%
	1) Bratberg, Amanda W26	2) Clarke, Heather W40		
	3) Preissler, Stella W62	4) Shafer, Sarah W23		
			31.80 1:09.11 17.25 37.41	
			41.05 1:14.12 37.00 1:11.15	

Women 25+ 400 Yard Freestyle Relay

PNA: 4:37.08 % 11/22/1992 PNA

L BABBITT, M BUSKE, A SMITH, P STALTER

NATL: 3:37.75 \$ 4/14/1991 WALNUT CREEK

C LEWIS, P ROEMER, W INGRAHM, S SHAND

3	Monroe YMCA Mast	B		4:37.82
	1) Fordham, Jennifer W48	2) Shafer, Sarah A W31		
	3) McDaniel, Kathy W59	4) Armstrong, Mary C W44		
			32.19 1:09.45 30.65 1:07.09	
			38.60 1:20.91 29.02 1:00.37	

Women 25+ 400 Yard Medley Relay

NATL: 4:02.73 \$ 3/30/2008 SMU MASTERS

L OBERSTAR-BROWN, K MCCLELLAND, L HOLT, M CHOW

*1	Lake Washington	E		5:02.84
	1) Bratberg, Amanda W26	2) Voss, Julie E W48		
	3) Thompson, Camille W W56	4) Sullivan, Suna W44		
			39.10 1:22.82 37.33 1:21.11	
			31.86 1:10.44 33.02 1:08.47	
*1	Monroe YMCA Mast	A		5:57.81
	1) McDaniel, Kathy W59	2) Armstrong, Mary C W44		
	3) Shafer, Sarah A W31	4) Gray, Joscelyne T W34		
			48.70 1:40.39 35.82 1:16.52	
			36.89 1:20.77 47.03 1:40.13	

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Women 35+ 400 Yard Freestyle Relay

NATL: 3:41.37 \$ 4/15/2007 TEAM ILL MSTRS

K PIPES-NEILSEN, J RIDGE, N DAY, S SULLIVAN

1 Lake Washington	H	4:34.72
1) Voss, Julie E W48	2) Pearson, Jill D W48	
3) Enright, Jill W48	4) Sullivan, Suna W44	
31.87	1:07.24	34.15
32.76	1:09.11	1:08.01
		1:08.18

Men 18+ 400 Yard Freestyle Relay

PNA: 3:51.66 % 2/18/1995 PNA

J FINKE, S FREEBORN, J LORIMER, H MOORE

NATL: 3:05.05 \$ 4/16/2010 WMAC

A BELTON, C GRAVENGOOD, D DICKINSON, A MANIA

1 Lake Washington	B	3:25.12%
1) Yung, Cejeh J M26	2) Postetter, David E M25	
3) Conroy, Chris M26	4) Romano, Guillermo S M21	
24.21	50.51	24.41
24.48	51.52	24.01
		52.01
		51.08

Men 18+ 400 Yard Medley Relay

PNA: 4:50.06 % 2/15/1987 PNA

D COX, J HORMAN, P KELLY, R PETERSON

NATL: 3:29.49 \$ 4/18/2010 MICHIGAN

K DOAK, P SAUCEDO, A MULL, A SCHMITT

1 Lake Washington	C	3:59.19%
1) Postetter, David E M25	2) Yung, Cejeh J M26	
3) Romano, Guillermo S M21	4) Conroy, Chris M26	
31.23	1:05.26	30.56
27.02	57.15	24.85
		51.81
2 Central Washing	A	4:18.88%
1) Johnson, Derek M18	2) Olden, Jaegger M18	
3) Peterson, Matthew A M21	4) Williamson, Eric R M21	
32.32	1:06.49	35.29
27.06	1:00.37	25.75
		56.11

Men 25+ 400 Yard Freestyle Relay

PNA: 3:46.05 % 2/18/1995 PNA

J CARROLL, P VERNER, S WHITTEMORE, E NIELSON

NATL: 3:07.43 \$ 4/11/2010 TXLA

T BLESSING, M VAROZZA, B BAILEY, M MENEZES

1 Lake Washington	C	3:45.41%
1) Porter, Mike M45	2) Martin, Rob D M46	
3) Busch, Ralph T M55	4) Polucha, Steve M29	
25.87	54.60	27.63
27.18	57.61	25.19
		53.89
2 Lake Washington	E	4:08.30
1) Miller, Aaron C M28	2) Van Pelt, Darren M42	
3) Scott, Michael B M25	4) Tupper, Rick G M54	
27.98	59.93	29.89
27.31	1:01.08	29.42
		1:01.60

Men 25+ 400 Yard Medley Relay

PNA: 4:01.96 % 11/17/1991 PNA

L DE GROEN, J FARABEE, G ANDERSON, W METHNER

NATL: 3:27.13 \$ 3/12/2000 ANCM

J CLAY BRITT, W DICKS, J RODDIN, M FELL

1 Downtown/Bellevu	A	4:43.92
1) Gilmore, Robert D M41	2) Timmons, Jack M51	
3) Hartman, Robert W M34	4) Florsheim, Alan G M45	
34.51	1:11.75	39.63
30.94	1:09.92	27.97
		58.81

Men 35+ 400 Yard Freestyle Relay

PNA: 3:44.02 % 12/12/1987 HSKY

L WRIGHT, G CLARK, C O'DONNELL, W HAYES

NATL: 3:06.12 \$ 5/29/2010 LONGHORN

T BLESSING, M VAROZZA, B BAILEY, C ECKERMAN

1 Lake Washington	D	3:54.66
1) Smith, Bryan E M44	2) Pearson, Jay D M50	
3) Praeger, Wade N M49	4) Orr, Jay W M53	
26.88	57.01	29.71
27.97	57.90	27.20
		1:01.40
		58.35

Men 35+ 400 Yard Medley Relay

PNA: 5:01.55 % 4/14/2002 PNA

K RAGSDALE, O BOLEDA, P WEBBER, G COLE

NATL: 3:28.46 \$ 3/5/2009 LONGHORN AQU.

A RASMUSSEN, T BARTEE, T BLESSING, M VAROZZA

1 Lake Washington	B	4:23.27%
1) Smith, Bryan E M44	2) Busch, Ralph T M55	
3) Martin, Rob D M46	4) Porter, Mike M45	
33.39	1:08.79	33.97
30.05	1:06.61	26.15
		1:12.32
		55.55

Men 45+ 400 Yard Freestyle Relay

NATL: 3:18.25 \$ 5/7/2010 WILDCAT ALUM

A JAEGER, T HARVILL, M VOLZING, D CUNNIFF

2 Monroe YMCA Mast	A	5:26.86
1) Underbrink, Dan M55	2) Harai, Michael H M48	
3) Johnson, Brian J M47	4) Larson, Dan E M45	
32.04	1:07.64	35.59
39.84	2:07.72	27.52
		57.36

Men 45+ 400 Yard Medley Relay

NATL: 3:38.41 \$ 4/10/2010 TXLA

N BREAZEAL, D GUTHRIE, A RASMUSSEN, M STINCHCOMBE

1 Lake Washington	A	4:00.36
1) Portelance, Doug A M53	2) Colella, Rick M60	
3) Cardwell, Alan D M59	4) Stack, Ned M52	
30.71	1:01.39	18.75
15.59	1:01.88	24.13
		1:05.99
		51.10

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Mixed 18+ 400 Yard Freestyle Relay

PNA: 4:08.09 % 3/22/1992 PNA

J FARABEE, D FALSGRAF, D TODD, T KEELER

NATL: 3:25.12 \$ 4/7/2002 NEM

P CADWELL, J STOKES, E WANG, J EADDY

1	Monroe YMCA Mast	A		4:17.54
	1) Pablo, Hamber M25	2) Quartararo, Patti L W40		
	3) Shafer, Sarah A W31	4) Larson, Dan E M45		
	32.21	1:08.37	15.89	1:05.07
	31.86	1:06.79	27.36	57.31
2	Lake Washington	B		4:56.02
	1) Greisen, Doug A M39	2) Underbrink, Mary W52		
	3) Shafer, Sarah W23	4) Scott, Michael B M25		
	33.34	1:08.39	39.66	1:25.48
	34.05			

Mixed 18+ 400 Yard Medley Relay

PNA: 4:31.94 % 3/29/1992 PNA

Z HERRMANN, D HILL, J PARADEE, T KEELER

NATL: 3:41.71 \$ 3/29/2009 RED TIDE NYC

K GARY, S WERNER, K MOUGHTY, J FAIN

1	Lake Washington	B		4:17.28%
	1) Postetter, David E M25	2) Patashnik, Maxima G W25		
	3) Yung, Cejeh J M26	4) Matlock, Shannon L W34		
	30.49	1:02.52	36.04	1:19.02
	15.70	56.33	28.17	59.41
2	Monroe YMCA Mast	A		4:53.39
	1) Maples, Cherith D W39	2) Armstrong, Mary C W44		
	3) Larson, Dan E M45	4) Underbrink, Dan M55		
	37.04	1:16.68	34.81	1:15.47
	16.53	32.35	1:13.08	1:48.89

Mixed 25+ 400 Yard Freestyle Relay

PNA: 3:54.80 % 12/12/1987 HSKY

S WEIR, K FOSBERG, K KIMURA, T GRANDINE

NATL: 3:24.32 \$ 4/24/2010 RED TIDE

K GARY, S WAGER, D LIPPIN, N WERNER

1	Lake Washington	A		4:10.60
	1) Hall, Tina K W37	2) Bratberg, Amanda W26		
	3) Praeger, Wade N M49	4) Orr, Jay W M53		
	29.20	1:01.81	15.34	1:11.97
	28.01	59.49	26.81	57.33

Mixed 25+ 400 Yard Medley Relay

PNA: 4:58.06 % 12/12/1987 HSKY

KIKO KIMURA, JUDY WESTON, JEFF GROSS, KENTON BOLTE

NATL: 3:45.13 \$ 4/25/2010 RED TIDE

K GARY, N WERNER, T SHPAIZER, D LIPPIN

1	Monroe YMCA Mast	B		5:49.68
	1) Fordham, Jennifer W48	2) Brumley, Sadie A W35		
	3) Pablo, Hamber M25	4) Quartararo, Patti L W40		
	37.96	1:18.67	50.11	1:45.45
	46.56	1:39.07	32.42	1:06.49

Mixed 35+ 400 Yard Freestyle Relay

NATL: 3:28.42 \$ 3/15/2008 VIRGINIA

S SUMMERLIN, J JOHN, C JOHN, D SUMMERLIN

1	Lake Washington	C		4:40.53
	1) Pearson, Jill D W48	2) Van Pelt, Darren M42		
	3) Clarke, Heather W40	4) Tupper, Rick G M54		
	35.41	1:44.61	34.06	
			30.23	1:03.08

Mixed 35+ 400 Yard Medley Relay

PNA: 4:51.31 % 11/20/1994 PNA

R O'LEARY, B SPARROWHAWK, W METHNER, D KEYSER

NATL: 3:48.70 \$ 4/19/2009 WALNUT CREEK

D SANTOS, R SANTOS, A ZAMANIAN, D BOATWRIGHT

1	South Sound Mast-15	A		5:36.69
	1) Ashmann, Chericka L W38	2) Kassen, Elizabeth K W59		
	3) Rice, Kenneth A M37	4) Martens, Michael S M43		
	38.05	1:26.31	42.81	1:33.70
	30.28	1:04.16	43.60	1:32.52